CENTRAL REC CENTER SUMMER POOL HOURS

**MONDAY & WEDNESDAY**
18+ ADULT SWIM 5:30AM – 10AM
ALL AGES FAMILY SWIM 10AM – NOON
ALL AGES OPEN SWIM NOON - 8PM
AQUA FIT 9AM – 10AM
AQUA FIT 5:30PM – 6:30PM (WEDNESDAYS ONLY)

**TUESDAY, THURSDAY, & FRIDAY**
18+ ADULT SWIM 5:30AM – 10AM
ALL AGES FAMILY SWIM 10AM -12PM
ALL AGES OPEN SWIM 12PM – 8PM

**SATURDAY**
18+ ADULT SWIM 8AM – 12PM
ALL AGES SWIM 12PM – 7PM

**SUNDAY**
18+ ADULT SWIM 8AM – 12PM
RIVER & 1 LAP LANE AVAILABLE 9AM - 12PM
ALL AGES OPEN SWIM 12PM – 5:30PM

ALL LAPS CLOSED MONDAY – THURSDAY FROM 7PM – 8PM FOR CARA SWIM TEAM PRACTICE
3 LAP LANES, ACTIVITY AREA, AND WAVE AREA CLOSED SUNDAY 9AM – 12PM
SWIM LESSONS SUNDAY 9AM - 12PM