Winter 2023-2024 Programming Guide
How to Register for City of Aurora’s Parks, Recreation and Open Space Programming:

REGISTER ONLINE THROUGH PERFECTMIND
PerfectMind, our 24/7 online registration system, is the most convenient way to register for programming and purchase recreation membership passes. Visit CityOfAurora.PerfectMind.com to access the portal.

All users will need to create an account to gain access to PerfectMind. Users will be assigned a temporary security password through the email that they registered with. After logging in with the security password, users will be prompted to enter a password of their choosing. If you need assistance please contact a recreation center during operating hours or send an email to recreation@auroragov.org. Email inquiries typically receive a response within two business days.

REGISTER BY PHONE
Call the recreation center or nature center directly during normal center operating hours to register for programming.

REGISTER IN PERSON
Visit one of our recreation centers during operating hours to register.

**Aurora Center for Active Adults**
30 Del Mar Circle
303.739.7950

**Beck Recreation Center**
800 Telluride St.
303.739.6888

**Central Recreation Center**
18150 E. Vassar Place
720.859.6999

**Moorhead Recreation Center**
2390 Havana St.
303.326.8315

**Southeast Recreation Center**
25400 E. Alexander Drive
720.859.4949

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**HOLIDAY CLOSURES OR AMENDED TIMES**

- **Thanksgiving**
  - Thursday, Nov. 23: Centers closed

- **Christmas Eve**
  - Sunday, Dec. 24: Centers close at 3 p.m.

- **Christmas**
  - Monday, Dec. 25: Centers closed

- **New Year’s Eve**
  - Sunday, Dec. 31: Centers close at 3 p.m.

- **New Year’s Day**
  - Monday, Jan. 1: Centers closed

For more information on center closures, please visit our website at: AuroraGov.org/Recreation
WORK WHERE YOU PLAY
It’s an exciting time to work for the city of Aurora!

Apply now at AuroraGov.org/Jobs

Full-time Positions | Part-time Positions | Great Pay and Benefits | Flexible Hours

Open Positions Include:
• A.R.I.S.E. activity coordinators
• CDL bus drivers
• Cooking assistants
• Early childhood teachers
• Fitness instructors
• Golf pro shop and course maintenance staff
• Lifeguards
• Parks irrigation specialists
• Recreation specialist
• Swim instructors
• Youth leaders
...and many more!

AuroraGov.org/PROS
Like us. Follow us.
@AuroraPROS

Sign up to receive PROS eNewsletter
Don’t miss out on our exciting programming, activities, classes and special events.
Sign up for the Parks, Recreation and Open Space eNewsletter and stay in the loop on what’s coming your way.
TUESDAY QUILT BLOCK
Ages 18 and older
This class is intended for quilters of all levels. Supply list, cutting and assembly instructions will be provided to registrants prior to class start. Join the fun in making a simple project in this all-day class.
74621 Dec. 5
74614 Jan. 9
74620 Feb. 6
- Tuesday, 5-8 p.m.
- $18 ($14 Resident)
- Aurora Center for Active Adults

SATURDAY QUILT BLOCK
Ages 18 and older
This class is intended for quilters of all levels. Supply list, cutting and assembly instructions will be provided to registrants prior to class start. Join the fun in making a simple project in this all-day class.
74622 Dec. 9
- Saturday, 8:30 a.m.–3:30 p.m.
- $31 ($25 Resident)
- Aurora Center for Active Adults

LEATHER CRAFTING
We are teaming up with Tandy Leather to bring leather craft to the ACAA. This will be a great opportunity to try something new and come away with a tangible result of your efforts. We will make a variety of leather goods across these different offerings.
75722 Jan. 12
- Friday, 1-3 p.m.
- $38 ($30 Resident)
- Aurora Center for Active Adults

COEXISTING WITH COYOTES
Ages 18 and older
Coyotes are unique animals who have adapted to living among humans quite successfully. Join a city of Aurora Naturalist to learn about the history of coyotes, their presence in the west and the important role they play in our ecosystems.
74841 Dec. 5
- Tuesday, 1-2 p.m.
- $3 ($2 Resident)
- Aurora Center for Active Adults

BIRD FEEDERS 101
Ages 18 and older
Looking for a way to brighten the dreary days of winter? Backyard bird feeders can often bring color, drama, action, song, familiar faces and feathers. Discover bird feeder basics and best practices, increase awareness of winter bird survival and determine which species find habitat in Aurora.
74844 Jan. 9
- Tuesday, 1-2 p.m.
- $3 ($2 Resident)
- Aurora Center for Active Adults

GATHER AND GAME
Ages 18 and older
Looking to test your memory, skills and cooperation while getting to interact with others? Come by yourself or with a group of friends. We will have some classic games, twists on classics and games you’ve never heard of!
75723 Dec. 8
75724 Jan 19
- Friday, 1-3 p.m.
- $2 ($1 Resident)
- Aurora Center for Active Adults

MAH JONGG
Ages 18 and older
Learn to play Mah Jongg or refresh your skills. Mah Jongg is a game of skill, strategy and calculation. It also involves a certain degree of chance. Explore this fun game while meeting new friends and playing at the ACAA!
74629 Dec. 15-Jan. 19
74630 Dec. 16-Feb. 2
74636 Feb. 9
74635 Feb. 16
- Friday, 11:30 a.m.-12:30 p.m.
- $35 ($28 Resident)
- Aurora Center for Active Adults

LEATHER CRAFTING
We are teaming up with Tandy Leather to bring leather craft to the ACAA. This will be a great opportunity to try something new and come away with a tangible result of your efforts. We will make a variety of leather goods across these different offerings.
75722 Jan. 12
- Friday, 1-3 p.m.
- $38 ($30 Resident)
- Aurora Center for Active Adults
Older Adult Education

AARP-SAFE DRIVING COURSE
Ages 50 and older
Refresh your driving skills in time for your next big adventure! AARP is offering this course at the ACAA! Visit aarp.org/auto/driver-safety for more information on registration for virtual classes. Twice monthly in-person classes at the ACAA. Please call 303.906.5197 or email deabe35@gmail.com to register in advance of class.

Dec 6
- Tuesday, 1-2 p.m.
- $3 ($2 Resident)
- Aurora Center for Active Adults

WII BOWLING TOURNAMENT
Ages 18 and older
Do you love bowling but don’t really want to put on the clown shoes? Then come on down and join us for the ACAA Wii Bowling Tournament! Have a good time with us without the silly shoes or slippery surfaces.

Jan 25
- Thursday, 1-3 p.m.
- Free; registration required
- Aurora Center for Active Adults

BOOK CLUB AT THE ACAA
Ages 18 and older
Every month the ACAA will have a featured Book of the Month. Read the book beforehand and join us for a fun discussion, as we enjoy tea and snacks. This program takes place on the last Tuesday of the month, barring holidays or closures. All books are available at the libraries or through your Hoopla account with Aurora Public Library.

Jan 30
- Tuesday, 12:30-1:30 p.m.
- Free; registration required
- Aurora Center for Active Adults

BALD EAGLES OF AURORA
Ages 18 and older
Aurora’s Open Spaces are home to many mating pairs of Bald Eagles. Join a city of Aurora naturalist as we learn the facts about the impacts of DDT, their conservation success story and the role these large raptors play in Aurora ecosystems today.

Feb 6
- Tuesday, 1-2 p.m.
- Free; registration required
- Aurora Center for Active Adults

DROP-IN CARDS
Ages 18 and older
Various groups gather at the ACAA card area on weekday afternoons to engage in games including Hand and Foot, Bridge, Mah Jongg and more. Join us today! Call 303.739.7950 for more information.

Jan 19
- Friday, 10 a.m.-noon
- Free; registration required
- Aurora Center for Active Adults

ALZHEIMER’S ASSOCIATION EDUCATION

Visit alz.org/CO for additional resources and to take free online courses on dozens of topics, including care strategies and the latest in Alzheimer’s research.

ADVANCING THE SCIENCE: THE LATEST IN ALZHEIMER’S AND DEMENTIA RESEARCH
Ages 18 and older
An overview of Alzheimer’s disease science and the latest advances in research to find a prevention, treatment and cure.

Dec 13
- Wednesday, 2-3 p.m.
- Free; registration required
- Aurora Center for Active Adults

HEALTHY LIVING FOR YOUR BRAIN AND BODY: TIPS FROM THE LATEST RESEARCH
Ages 18 and older
For centuries, we’ve known that the health of the brain and the body are connected. But now, science is able to provide insights into how to optimize our physical and cognitive health as we age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

Jan 11
- Thursday, 10-11:30 a.m.
- Free; registration required
- Aurora Center for Active Adults

DEMENTIA CONVERSATIONS
Ages 18 and older
This workshop offers tips on how to have honest and caring conversations with family members about going to the doctor, deciding when to stop driving and making legal and financial plans.

Feb 13
- Tuesday, 12:30-2 p.m.
- Free; registration required
- Aurora Center for Active Adults
Older Adult Services

COLORADO VISITING NURSES ASSOCIATION (CVNA) HEALTH CLINICS
Medical Foot Care is provided by a Colorado CVNA Registered Nurse. Appointments required. Payment is due at the time of service and may be a benefit of some Kaiser plans. Clinics are scheduled on the second and fourth Monday (except for the week of Christmas) of each month with appointment times from 8:30 a.m.-12:30 p.m. Please call 303.698.6496 for questions or appointments. Dec. 12 and 27*
Jan. 8 and 22
Feb. 12 and 26
- 2nd and 4th Monday of each month
- Wednesday, Dec. 27 exception due to holiday
- 8:30 a.m.-12:30 p.m., schedule appointment
- Aurora Center for Active Adults
- Call 303.698.6496 to make appointment

CAREGIVER SUPPORT GROUP: TIME FOR YOU
Ages 18 and older
As a caregiver you spend the vast majority of your time focused on others, this is a time for you. This peer-led group is a place for you to decompress, meet other caretakers, laugh, cry, share tips and be seen and appreciated. Second Tuesday of the month.
Dec. 12
Jan. 9
Feb. 6
Mar. 6
Apr. 10
May 8
Jun. 5
Jul. 3
Aug. 7
Sep. 4
Oct. 9
Nov. 6
Dec. 11
*Note: Now that the ACAA has returned to the week of Christmas, please keep the following information in mind:
- Call 303.698.6496 to request change or appointments
- Participants must call to pre-register via phone below
- Food Bank of the Rockies Truck to check in after the Aurora Center for Active Adults. Look for the Aurora Center for Active Adults parking lot drive-up distribution only on-site at the Aurora Center for Active Adults. Food Bank of the Rockies.
- Call 303.739.7950 for more information.

AARP TAX AIDE
Ages 18 and older
A goal of the AARP Foundation is to assist low-to-moderate-income taxpayers with FREE tax return preparation to ensure they receive any applicable tax credits and deductions. After a few years of absence, AARP Tax-Aide is pleased to again offer a Tax-Aide Site in Aurora for the 2024 filing season. The site will be at the Aurora Center for Active Adults, 36 Del Mar Circle. It will operate on alternating Fridays between Feb. 16 and March 29, 2024. Approx hours are 10 a.m.-2 p.m. Appointments will become available in late January 2024. See the AARP Site Locator for details beginning in January.
Feb. 16
Mar. 1
Mar. 15
Mar. 29
- Friday, 10 a.m.-2 p.m.
- Free; registration required
- Aurora Center For Active Adults

VOLUNTEERS OF AMERICA LUNCH PRORAM
Ages 60 and older
Hot meals served to Older Adults 60+ by ACAA Volunteers. Meals are provided by Volunteers of America. Monday-Thursday
- Meals served at 11:45 a.m.
- Donations accepted.
- Aurora Center for Active Adults
- Note: Now that the ACAA has returned to serving hot meals, the frozen meal boxes have been discontinued. Call the ACAA front desk 303.739.7950 for more information.

EVERGREEN BOXES (formerly called COMMODITIES)
Ages 60 and older
Food Bank of the Rockies
Packing lot drive-up distribution only on-site at the Aurora Center for Active Adults. Look for the Food Bank of the Rockies Truck to check in after pre-registering via phone below.
- First Tuesday of each month; 8:30-10:30 a.m.
- Aurora Center for Active Adults-Parking Lot
- Call 720.738.9673 to pre-register

ACAA SPRING SNEAK PEEK
Get a sneak peek at what excursions are being offered for the Spring of 2024 at the Aurora Center for Active Adults and pre-register! Enjoy light refreshments as you peruse the Spring offerings! This event is FREE!
- Jan. 26
- Friday, 9 a.m.-noon. (Doors open at 8:30 a.m., Registration starts at 9 a.m.)

Excursions

Important Excursion Information. Please Read Key Before Registering.
We would love to have you join us one of the many excursions we offer across the beautiful state of Colorado. Before registering, please keep the following information in mind.

SYMBOL KEY

Location will have a significant amount of walking and/or stairs.
Trips at a high altitude over 8,000 ft.
Payment/cancellation deadline.
Menu prices are subject to change.

ACAA SPRING SNEAK PEEK
Get a sneak peek at what excursions are being offered for the Spring of 2024 at the Aurora Center for Active Adults and pre-register! Enjoy light refreshments as you peruse the Spring offerings! This event is FREE!
Jan. 26
- Friday, 9 a.m.-noon. (Doors open at 8:30 a.m., Registration starts at 9 a.m.)

GEORGETOWN CHRISTMAS MARKET
If you have never been to Georgetown’s festival, now is your chance! If this trip is a tradition for you, don’t miss this year! Explore the festival, dine at one of the many cafes or booths, tour a museum and shop, shop, shop! Be sure to dress appropriately for the mountain temperatures and for the possible snow/ice on the ground. Fee includes escort and transportation.
74217 Dec. 2
- Saturday, 8 a.m.-5 p.m.
- $59 ($47 Resident)

ST. NICK’S
This special shop, located in Littleton, features 22 rooms overflowing with holiday decorations! Featuring pieces made by local artists, you may just find that perfect gift for a loved one (or yourself)! Then we will stop for lunch at Panera Bread Café where soups, salads, sandwiches and baked goods are plentiful before heading back to the ACAA. (lunch is on your own). Fee includes escort and transportation.
74218 Dec. 4
- Monday, 9:30 a.m.-3:30 p.m.
- $36 ($29 Resident)
- Menu Range: $8-$15

‘A CLASSIC PARKER HOLIDAY CONCERT’
Kick off the holiday season with this musical concert at Parker Arts Center. The Parker Chorale and Parker Symphony Orchestra treat you to an evening of traditional carols, familiar songs and a few surprises in this cherished annual celebration. Fee includes show, escort and transportation.
74221 Dec. 10
- Sunday, 1:30-6 p.m.
- $75 ($60 Resident)
- Payment/cancellation deadline: Nov. 9
BLOSSOMS OF LIGHTS

Enjoy and see the wonder of lights as the famous Denver Botanical Gardens come to life in this nighttime wonderland! Thousands of light displays will enchant and intrigue you as you stroll through the gardens. Holiday treats and warm drinks will be available for purchase along the walkways. Dress for cold weather and wear sturdy shoes, some areas may be icy. Fee includes admission, escort and transportation.

75280 Jan. 3
- Wednesday, 5-8 p.m.
- $58 ($46 Resident)
- Payment/Cancellation Deadline: Nov. 17

SCHOOL OF ROCK AT PARKER ARTS

Andrew Lloyd Webber’s School of Rock – The Musical is a two-hour, two-act show (plus intermission) based on the hit movie. The show follows Dewey Finn, a failed wannabe rock star who decides to earn an extra bit of cash by posing as a substitute teacher at a prestigious prep school. There, he turns a class of straight-A pupils into a guitar-slinging, bass-slapping, mind-blowing rock band. But can he get them to the Battle of the Bands without their parents and the school’s headmistress finding out? Fee includes show, escort and transportation.

74236 Jan. 20
- Saturday, 1-5:30 p.m.
- $86 ($69 Resident)
- Payment/Cancellation deadline: Dec. 19

BROWN PALACE HISTORICAL TOUR

If you have been before, join us once more. Come and see the wonders of the most famous hotel in Denver. First, we will take a walking tour and learn the history of this unique building that has hosted presidents, entertainment stars, the who’s who of society and people from all walks of life. After our tour, we will stop for lunch at a local eatery (lunch is on your own). Fee includes tour, escort and transportation.

75656 Jan. 9
- Tuesday, 8:30 a.m.-2 p.m.
- $60 ($48 Resident)

DOWNTOWN AQUARIUM

Surrounded yourself with the wonders of the journey that the water and wildlife take in this world. North America, the desert, under the sea, at the wharf and see all around. Stroll through the aquarium at your own pace. Before our tour, we will dine in the Aquarium’s restaurant. Choose from the following dishes: Rustic Vegetable Pasta, Classic Burger and Chips, Grilled Chicken Sandwich and Chips, Fish Tacos or Fish and Chips. All meals come with a fountain drink. Fee includes admission, lunch, gratuity, escort and transportation.

74848 Jan. 17
- Wednesday, 10:15 a.m.-3 p.m.
- $83 ($66 Resident)
- Payment/cancellation deadline: Dec. 26

JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT @ THE CANDLELIGHT DINNER THEATER

Andrew Lloyd Webber’s fabulous biblical tale comes to life on the stage. Follow Joseph and his brothers as they sing and dance their way through the pages of Genesis in telling their story. Fee includes show, luncheon, gratuity, escort and transportation.

74227 Jan. 28
- Sunday, 10:30 a.m.-5:30 p.m.
- $124 ($99 Resident)
- Last day to register/cancel: Dec. 22

LOVELAND VALENTINE TOUR W/ TREASURE BOX TOURS

Are you in the mood for Love? Well, who isn’t! Join us for a tour northward to the heart of love in Colorado, the city of Loveland. The Valentine’s Day Re-Mailing Program keeps the postal system in Loveland busy stamping and sending out more than 200,000 envelopes filled with love every year. You’ll get your valentines personally stamped and ready to send. We’ll also visit the museum to see the valentine poems and art of the past. The tour includes a stop for lunch (lunch is on your own). Fee includes tour guide, museum admission, escort and transportation.

74310 Feb. 8
- Thursday, 9 a.m.-4 p.m.
- $108 ($86 Resident)

MYSTERY TRIP

This 90-minute walking tour takes you around and around, so wear comfy shoes on the ground! History has been made, which gives this location an A+ grade. Bring a water bottle to sip as we go, but please, no large bags - that is a no! We will dine after, so bring money for lunch; no need to eat alone when you are with us! Fee includes admission, escort and transportation (lunch is on your own).

75274 Jan. 31
- Wednesday, 9 a.m.-2 p.m.
- $49 ($39 Resident)
- Last day to register/cancel: Dec. 27

LOVELAND VALENTINE TOUR W/ TREASURE BOX TOURS

Are you in the mood for Love? Well, who isn’t? Join us for a tour northward to the heart of love in Colorado, the city of Loveland. The Valentine’s Day Re-Mailing Program keeps the postal system in Loveland busy stamping and sending out more than 200,000 envelopes filled with love every year. You’ll get your valentines personally stamped and ready to send. We’ll also visit the museum to see the valentine poems and art of the past. The tour includes a stop for lunch (lunch is on your own). Fee includes tour guide, museum admission, escort and transportation.

74310 Feb. 8
- Thursday, 9 a.m.-4 p.m.
- $108 ($86 Resident)

BRECKENRIDGE SNOW SCULPTURES

This international snow sculpture event brings artists from all over the world. See the wonderful creations they make out of the packed snow blocks. After you take in the sculptures, spend time wandering the town and have lunch at one of the many cafes. Lunch is on your own. Be sure to dress appropriately for the mountain temperatures and the possible snow/ice on the ground. Fee includes escort and transportation.

74307 Jan. 30
- Tuesday, 7:45 a.m.-5 p.m.
- $65 ($52 Resident)
DASHING THRU THE SNOW SLEIGH RIDE

In a one or two-horse open sleigh is the adventure for the day! Travel with ACAA to Fraser as we first stop for lunch at Fisher’s Bar & Grill. Lunch is on your own. After our meal break, we will venture over to the sleigh ride, where you will board an open sleigh and go for a ride in the beautiful snowy mountain area. We will end the ride with a fireside refreshment of hot chocolate and roasted marshmallows before heading home. Be sure to dress appropriately for the mountain temperatures and for the snow/ice on the ground. Fee includes sleigh ride, escort and transportation. Note: Please fill out a waiver release from the sleigh ride company at the front desk of ACAA. Sleighs are not ADA accessible.
74225 Feb. 12
• Monday, 9:30 a.m.–5:30 p.m.
• $115 ($92 Resident)
• Last day to register/cancel: Jan. 8
• Menu Range: $10–$25

“FLOWER POWER MURDER” @ ADAMS MYSTERY PLAYHOUSE

Grab your hippie beads and put a flower in your long, beautiful hair as we head to Aspen during the Flower Power era. The scene is set in a flower shop, which seems nice enough, but some dastardly characters are in our midst and pretty soon, you’ll be asked to help solve a murder that occurs right after a sumptuous dinner. It’ll be far out and groovy, man! Fee includes luncheon, show, gratuity, escort and transportation.
75323 Feb. 18
• Sunday, 12:15–3:30 p.m.
• $96 ($77 Resident)
• Payment/Cancellation deadline: Feb. 2

BALLY’S CASINO IN BLACKHAWK

Hop on board a luxury motor coach as we travel up the hill to Bally’s Casino in Blackhawk. Extras to be received for our group include $10 in free slot play and a $15 food credit for each guest who earns 50 points playing at the casino. Fee includes escort and transportation.
74692 Feb. 20
• Tuesday, 9 a.m.–3 p.m.
• $29 ($23 Resident)
• Payment/Cancellation deadline: Feb. 6

CRIPPLE CREEK ICE FESTIVAL

This ice sculpture event is the coolest event of the year in the Pikes Peak region. A celebration of ice, chisels and the occasional chainsaw was hosted in the historical mining town of Cripple Creek. After you take in the carvings, spend time wandering the town shopping, touring or gambling and having lunch at one of the many cafes. Lunch is on your own. Be sure to dress appropriately for the mountain temperatures and for the possible snow/ice on the ground. Fee includes escort and transportation.
74852 Feb. 24
• Saturday, 7:45 a.m.–5 p.m.
• $65 ($52 Resident)

COLORADO GARDEN & HOME SHOW

Held at the Colorado Convention Center, discover the Rocky Mountain region’s largest and most prestigious garden and home show. Here you can find inspiration and discover trends in landscaping, gardening and home improvement. During the day you can stop for a bite at the food court and concession stands or bring your own lunch or snacks. Fee includes admission, parking, escort and transportation.
75141 Feb. 23
• Thursday, 11:30 a.m.–6:30 p.m.
• $35 ($44 Resident)
• Payment/cancellation deadline: Jan. 14

NATASHA, PIERRE AND THE GREAT COMET OF 1812 @ THE ARVADA CENTER

Electropop tunes meet a scandalous slice of War and Peace in this musical extravaganza. Meet Natasha, a young woman who arrives in Moscow longing for her fiancé; and Pierre, a man caught in an existential crisis who tries to save her shattered reputation. Natasha, Pierre and the Great Comet of 1812 was nominated for 12 Tony Awards when it premiered in 2012. Expect to find the Black Box Theatre transformed into a raucous Russian dinner club with cabaret tables, immersive seating and an unforgettable theatrical and musical experience. Fee includes show, escort and transportation.
76094 March 3
• Tuesday, 12:45–5:15 p.m.
• $100 ($80 Resident)
• Payment/cancellation deadline: Feb. 2

TEXAS DE BRAZIL

This steakhouse located in Northfield is a new ACAA favorite. A fabulous and extensive salad bar (over 30 items) and a wide variety of meats (over a dozen) are brought to your table and served by the house gauchos. If you walk away hungry it is your own fault! Fee includes escort and transportation.
74891 Dec. 21
• Thursday, 10:30 a.m.–2 p.m.
• $28 ($22 Resident)
• Menu range: $30.99 (salad bar and unlimited meats) $21.99 (salad bar only) Note beverages and desserts are extra.

MYSTERY MEAL

Off we go, destination unknown. When it comes to food our Guy is in the mood. No need to dress up, casual is fine, come with us to this place to dine! Fee includes escort and transportation.
75353 Jan. 4
• Thursday, 11 a.m.–2:30 p.m.
• $24 ($19 Resident)
• Menu range: $6–$26

Dining Adventures

YAYA’S EUROBISTRO

This fine dining establishment welcomes ACAA for luncheon! Their wide range of delicious items will tempt your taste buds. Choose from soups, salads, pastas and bistro specials to find just the right luncheon for yourself. [Lunch is on your own] Fee includes escort and transportation.
74896 Dec. 6
• Wednesday, 10:45 a.m.–1:30 p.m.
• $23 ($18 Resident)
• Menu range: $10–$68
• Last day to cancel: Nov. 20

BONEFISH GRILL

This American casual dining seafood restaurant offers a whole ocean of choices! But if seafood is not your dish, there are other options including beef and chicken. Fee includes escort and transportation.
74840 Dec. 15
• Thursday, 10:30 a.m.–2 p.m.
• $28 ($22 Resident)
• Menu range: $8–$43

ACAA
BACON SOCIAL HOUSE
Mmmm BACON! Have a morning full of indulgence as we head to the Bacon Social House on Broadway to delight our taste buds with a bacon-filled brunch. Choose from such delightful dishes as French Toast, Chicken and Waffles, Carnitas Benedict, Triple Decker Sandwiches, Breakfast Salad and so much more. Lunch is on your own. Fee includes transportation & escort.
75143 Jan 12
- Friday, 10 a.m.-2 p.m.
- $28 ($22 Resident)
- Menu range: $6-$20

ZANE’S ITALIAN BISTRO
This down-to-earth spot for pizza, pasta, wings and other Italian and American staples, plus a full bar, will make it hard to choose a lunch item. Whether it is an appetizer like Bruschetta, Minestrone soup, salads, Vegetarian Lasagna, Eggplant Parmesan or the famous Lobster Raviolis, you are bound to find a tasty meal! Fee includes escort and transportation.
74847 Feb 15
- Thursday, 10:45 a.m.-2 p.m.
- $23 ($18 Resident)
- Menu range: $5-$25

NONO’S CAFE
This Cajun and Southern café offers a great variety of signature dishes, including many gluten-free choices. Salads, Sandwiches, Po-Boys, Seafood and Beef entrees. Lunch is on your own. Fee includes escort and transportation.
75142 Jan 24
- Wednesday, 10:15 a.m.-2 p.m.
- $28 ($22 Resident)
- Menu range: $12-$30

FINE DINING AT DEL FRISCO’S DOUBLE EAGLE STEAKHOUSE
Back by popular demand, we are heading back to this fabulous steakhouse. If you missed the last time, now is your chance. If you have been before, dine again! This 5 Star (Michelin Stars) in our own state welcomes the ACAA patrons back for an afternoon of fine dining. Our 5-course meal will include a Shrimp Cocktail, your choice of soup or salad, Filet Mignon, Prime Strip, Pan Roasted Salmon or Roasted Chicken, Chateau Mashed Potatoes or seasonal vegetables and either Chocolate Mousse or Butter Cake for dessert. (Cocktails are on your own). Fee includes lunch, gratuity, escort and transportation.
74895 Feb 5
- Monday, 11:30 a.m.-2:30 p.m.
- $140 ($112 Resident)

BENIHANA
Watch as the chef cooks your food right in front of you at the Hibachi Grill! You choose your entrée, but your lunch will include Benihana Soup, Hibachi Vegetable Rice and Hibachi Vegetables. If you are in the mood for sushi, there is a vast amount to choose from as well (lunch is on your own). Fee includes escort and transportation.
74723 Dec 13
- Thursday, 10:45 a.m.-2 p.m.
- $23 ($18 Resident)
- Menu range: $5-$63

If you are interested in any of these exciting trips, please contact Elizabeth Childers at the Aurora Center for Active Adults for more information 303.739.7957 or echilder@auroragov.org. Please stop by the Aurora Center for Active Adults to pick up information flyers for each and every one of these fabulous destinations! Bon Voyage!
Special Events

Monthly Guest Speaker Series
You are invited to the ACAA’s Monthly Guest Speaker Series. On the first Friday of each month, a guest speaker will present on a topic related to aging. Attendees are encouraged to bring their lunch and socialize before the scheduled presentation. Drinks and dessert will be provided.
- First Friday of the Month
- Friday, 11:30 a.m.
- Free
- Aurora Center for Active Adults

Monthly Matinee Movie
Going to the movies can be expensive, but not at the ACAA! Bring a friend and join us each month for our monthly matinee movie, where the tickets and popcorn are FREE! You can also help in the selection of the next movie by casting your vote in the lobby. All that is missing is you.
- 2nd Friday of the Month
- Friday, 12:30 p.m.
- Free
- Aurora Center for Active Adults

Mele Kalikamaka! Mingle and Jingle Social
Come celebrate the season the island way! Surf on down to the ACAA and join us for our annual holiday party. Enjoy light refreshments, entertainment and festive activities. Hawaiian attire is encouraged.
- Thursday, 10 a.m.
- Free, registration required
- Aurora Center for Active Adults

“Donut” Go Breaking My Heart Valentine Party
Bring your valentine or come stag, it “donut” matter. Join us at the ACAA’s annual Valentine’s Day social where you are sure to meet new friends.
- Tuesday, 10 a.m.
- Free, registration required
- Aurora Center for Active Adults

ACAA QUILT SALE
All ages
Come check out the wide selection of beautifully handmade quilts, table runners, bags and more at our annual sale. Each item is made with love by our quilting groups. These patchwork goods make the perfect holiday gift. Proceeds benefit special projects at the Aurora Center for Active Adults. Call for more information: 303.739.7951
- Thursday-Friday, 9 a.m.-4 p.m.
- Saturday, 9 a.m.-3 p.m.
- Free to attend
- Aurora Center for Active Adults

Fitness
Below are drop-in classes that are included with membership to the Aurora Center for Active Adults.

TOTAL FITNESS
Age 50 and older
Get totally fit with a warm-up, low-impact cardiovascular aerobics, strength training and cool-down stretching and flexibility exercises.
- Monday, 8-8:45 a.m.
- Monday/Tuesday/Thursday/Friday, 9-10 a.m.

MAT YOGA
Age 50 and older
Practice the eight limbs of classical yoga, including conscious breathing, gentle yoga postures, relaxation and mindfulness meditation.
- Monday, 11 a.m.-noon
- Tuesday, 1-2 p.m.

ZUMBA
Age 50 and older
Dance your way to a fitter you with exciting and unique Latin moves and rhythms.
- Tuesday, 10:10-11:10 a.m.

SILVERSNEAKERS CLASSIC
Age 50 and older
This class focuses on strengthening muscles and increasing the range of movement for daily life activities. Participants can use handheld weights, elastic tubing with handles and a SilverSneakers ball. Often, a chair is used for seating exercises or standing support.
- Wednesday, 11 a.m.-noon

POP and ZUMBA
Age 50 and older
Fun and full-body cardio and core workout experience that tones muscles and improves balance. Empowers and energizes you using simple dance steps.
- Thursday, 10:10-11:10 a.m.

GLOBAL DANCE BEATS
Ages 50 and older
An upbeat cardio experience combining dance and drumming with squats and lunges, targeting inner, outer, butt, core and more!
- Friday, 10:05-11:05 a.m.

SILVERSNEAKERS CIRCUIT
Age 50 and older
Moving to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Weights, resistance bands, a SilverSneakers ball and a chair are used.
- Friday, 11:10 a.m.-12:10 p.m.

BELLY DANCE FIT
Ages 50 and older
This encompasses belly dance, core fitness and strength-building cardio into one invigorating and rejuvenating workout.
- Friday, 12:15-1:15 p.m.

WEIGHT ROOM ORIENTATIONS
Ages 50 and older
This is a complimentary information fitness orientation typically 30 minutes in length that will provide you with the basics of how to operate the weight machines and cardio equipment. You will learn how to start, stop and change settings on cardio machines and change seat height and weight selection on machines. Call to make an appointment.
** Please note: an orientation is not a personal training session.
- Tuesday/Thursday, 9-9:30 a.m.
Line Dancing

INTRODUCTION TO LINE DANCE
In this eight-week class, you will learn the basic steps of line dance and use them in some easy dances. No previous experience needed.

74722 Jan 4-Feb 22
- Thursday, 10:45-11:45 a.m.
- $45 ($36 Resident)

DROP-IN LINE DANCE CLASSES ACAA
Drop-in Fee or Membership (city of Aurora Recreation Pass, Renew Active or SilverSneakers)

Beginner Line Dance
Continue to master the basic line dance steps while dancing beginner-level dances. Knowledge of the basic steps in line dance is preferred but not necessary.
- Thursday, noon-1 p.m.

Improve (High Beginner) Line Dance
You’ve mastered the basic steps in line dance now continue to exercise your body and mind with more complicated steps and choreography.
- Wednesday, 12:30-1:30 p.m.

Central Line Dance
You’ve made it this far! Now, continue to challenge yourself and improve your line dance skills while learning intermediate-level classes.
- Wednesday, 1:45-2:45 p.m.

Aquatics

BECK RECREATION CENTER INDOOR POOL
LAP SWIM (Ages 18 and older)
- Monday-Friday, 6-7:50 a.m.
- Monday/Wednesday/Friday, 10:30 a.m.-11:35 p.m.
- Tuesday/Thursday, 10:30-11:45 a.m.
- Thursday, 1:15-3:45 p.m.
- Saturday, 8-9 a.m. and noon-3:30 p.m. (Limited lanes available)

HOT TUB (Ages 18 and older)
- Monday/Wednesday/Thursday/Friday, 6 a.m.-6:30 p.m.
- Tuesday, 6 a.m.-4 p.m.
- Saturday, 8 a.m.-3:30 p.m.

OPEN SWIM (Lap, diving board and hot tub)
- Saturday, noon-3:30 p.m.

SOUTHEAST RECREATION CENTER INDOOR POOL
LAP SWIM, RIVER WALKING AND HOT TUB (Ages 18 and older)
- Monday-Friday, 5:30-10 a.m.
- Saturday/Wednesday/Friday, 10 a.m.-8 p.m.
- Friday, noon-4 p.m.

FAMILY SWIM (Lap, river, zero depth and hot tub)
- Monday-Thursday, 10 a.m.-8 p.m.
- Friday, 4-8 p.m.
- Saturday, noon-7 p.m.
- Sunday, noon-5:30 p.m.

C.A.R.A. RECREATION LEAGUE SWIM TEAM
Ages 6-17
Join our swim team! The emphasis is on participation. Must be able to swim 50 yds. Front crawl with rotary breathing. Swimmers will practice two days per week. Please email jangel@auroragov.org for more information.

C.A.R.A.
- Monday/Wednesday Teams 75522 Jan 22-May 15
  - Southeast Indoor Pool 75533 Jan 22-May 15
    - 7-8 p.m.
      - Central Indoor Pool
      - Moorhead Indoor Pool

POLS
- Friday, 4-8 p.m.
- Saturday/Sunday, noon-7 p.m.
- Sunday, noon-5:30 p.m.
- Utah Indoor Pool 75592 Jan 23-May 16
  - 6-7 p.m.
- Moorhead Indoor Pool

C.A.R.A.
- Tuesday/Thursday Teams 75522 Jan 23-May 16
  - 6-7 p.m.
- Beck Indoor Pool 75565 Jan 23-May 16
  - 7-8 p.m.
- Utah Indoor Pool

CENTRAL RECREATION CENTER INDOOR POOL
LAP SWIM, RIVER WALKING AND HOT TUB (Ages 18 and older)
- Monday-Friday, 5:30-10 a.m.
- Saturday-Sunday, 8 a.m.-noon

FAMILY SWIM (Lap, river, zero depth, activity and hot tub)
- Monday-Thursday, 10 a.m.-8 p.m.
- Friday, 10 a.m.-4 p.m.

*Lap lanes close at 7 p.m. Monday/Thursday

OPEN SWIM (Lap, river, zero depth, hot tub and slide)
- Friday, 4-8 p.m.
- Saturday, noon-7 p.m.
- Sunday, noon-5:30 p.m.

UTAH INDOOR POOL
LAP SWIM (Ages 18 and older)
- Monday-Friday, 6-10 a.m.
- Monday/Wednesday, 6-8 a.m.
- Saturday/Sunday, 8-9 a.m.

FAMILY SWIM (Lap and leisure pools)
- Tuesday/Thursday, 10 a.m.-8 p.m.
- Monday/Wednesday/Friday, 10 a.m.-4 p.m.
*Lap lanes close at 7 p.m.

OPEN SWIM (Lap, leisure, diving boards and sprayground)
- Friday, 4-8 p.m.
- Saturday/Sunday, noon-4 p.m.

CENTRAL RECREATION CENTER INDOOR POOL
LAP SWIM, RIVER WALKING AND HOT TUB (Ages 18 and older)
- Monday-Friday, 5:30-10 a.m.
- Saturday-Sunday, 8 a.m.-noon

FAMILY SWIM (Lap, river, zero depth, activity and hot tub)
- Monday-Thursday, 10 a.m.-8 p.m.
- Friday, 10 a.m.-4 p.m.

*Lap closes at 7 p.m. Monday/Thursday

OPEN SWIM (Lap, river, zero depth, activity, hot tub, waves and slide)
- Friday, 4-8 p.m.
- Saturday, noon-7 p.m.
- Sunday, noon-5:30 p.m.

MOORHEAD RECREATION CENTER INDOOR POOL
LAP SWIM AND RIVER WALKING (Ages 18 and older)
- Monday-Friday, 6-10 a.m.
- Saturday-Sunday, 9:30 a.m.-4:30 p.m.

OPEN SWIM (Lap, river, zero depth, leisure pools and slide)
- Monday-Friday, 10 a.m.-7 p.m.
*Lap closes at 6 p.m. Tuesday/Thursday

C.A.R.A.
- Monday/Wednesday Teams 75522 Jan 22-May 15
  - Southeast Indoor Pool 75533 Jan 22-May 15
    - 7-8 p.m.
      - Central Indoor Pool
      - Moorhead Indoor Pool

POLS
- Friday, 4-8 p.m.
- Saturday/Sunday, noon-7 p.m.
- Sunday, noon-5:30 p.m.
- Utah Indoor Pool 75592 Jan 23-May 16
  - 6-7 p.m.
- Moorhead Indoor Pool

C.A.R.A.
- Tuesday/Thursday Teams 75522 Jan 23-May 16
  - 6-7 p.m.
- Beck Indoor Pool 75565 Jan 23-May 16
  - 7-8 p.m.
- Moorhead Indoor Pool

UTAH INDOOR POOL
LAP SWIM (Ages 18 and older)
- Monday-Friday, 6-10 a.m.
- Monday/Wednesday, 6-8 a.m.
- Saturday/Sunday, 8-9 a.m.

FAMILY SWIM (Lap and leisure pools)
- Tuesday/Thursday, 10 a.m.-8 p.m.
- Monday/Wednesday/Friday, 10 a.m.-4 p.m.
*Lap lanes close at 7 p.m.

OPEN SWIM (Lap, leisure, diving boards and sprayground)
- Friday, 4-8 p.m.
- Saturday/Sunday, noon-4 p.m.
Aqua Fitness Classes

Aqua fitness classes at Beck Recreation Center Indoor Pool. Max capacity of 35 participants.

**Aqua Fitness**

A refreshing twist on traditional aerobic workouts, providing a unique and effective way to stay active and healthy. Whether you’re looking to boost your fitness, enjoy a fun and social exercise experience or seek a low-impact option during pregnancy or postpartum, Aqua Fitness has something to offer for everyone.

- **Beck Recreation Center Indoor Pool**
  - Monday-Friday, 8-9 a.m.
  - Max capacity of 35 participants
- **Central Recreation Center Indoor Pool**
  - Monday/Wednesday, 11 a.m.-noon
  - Wednesday, 5:30-6:30 p.m.
- **Southeast Recreation Center Indoor Pool**
  - Thursday, 11 a.m.-noon
- **Utah Indoor Pool**
  - Saturday, 8-9 a.m.

**Arthritis Aqua Fitness**

*Ages 18 and older*

Arthritis Aqua Fitness is an excellent choice for those looking to manage arthritis symptoms, improve joint health and maintain an active and fulfilling lifestyle. It combines the therapeutic benefits of water with expert guidance to help individuals lead healthier lives despite arthritis-related challenges.

- **Beck Recreation Center Indoor Pool**
  - Monday-Friday, 9:15-10:15 a.m.
  - Tuesday/Thursday, noon-1 p.m.

**Aqua Zumba**

Dive in, dance and make a splash with Aqua Zumba! A thrilling and high-energy aquatic fitness program that combines the infectious rhythms and dance moves of South American Zumba with the fun and lively atmosphere of a pool party. This unique workout offers participants an exhilarating way to get fit while enjoying the benefits of exercising in the water.

- **Beck Recreation Center Indoor Pool**
  - Monday, 5:30-6:30 p.m.
- **Southeast Recreation Center Indoor Pool**
  - Thursday, 11 a.m.-noon

**River Flow**

Come join us for a refreshing and invigorating journey down the river! River Flow offers a unique and refreshing fitness experience by taking your workout into the lazy river at indoor pool recreation centers. This program combines the tranquility of a leisurely river walk with the benefits of a cardio-strengthening exercise routine.

- **Southeast Recreation Center Indoor Pool**
  - Tuesday, 11 a.m.-noon

**Cardio Splash**

If you’re looking for a fun and effective way to improve your cardiovascular fitness, increase stamina and enhance your overall health, come join the splash and make a splash with your fitness goals in Cardio Splash. It’s a high-energy, low-impact workout that will leave you feeling refreshed and invigorated.

- **Beck Recreation Center Indoor Pool**
  - Wednesday, 5:30-6:30 p.m.

**Deep Water**

Deep Water Fitness is an excellent option for individuals who are looking for a challenging yet joint-friendly exercise routine that focuses on improving cardiovascular fitness and core strength. It offers the unique experience of working out in deeper water while enjoying the numerous benefits of aquatic exercise. This program takes place in deeper water, requiring participants to have the ability to swim.

- **Beck Recreation Center Indoor Pool**
  - Friday, 5:30-6:30 p.m.

Learn to Swim

**Learn to Swim Group Lessons**

*Ages six months and older*

Learn to swim with the city of Aurora! This program offers 30 minutes of inclusive swimming lessons for everyone, regardless of age or experience. Whether you’re a beginner or looking to advance your skills, there are classes designed to meet your needs. Safety is a top priority, and appropriate skill levels are enforced in higher-level classes to ensure a safe learning environment.

**Registration for Winter swim lessons will open Wednesday, Nov. 1 at noon.**

**Saturday Lessons (One day a week)**

- **Session 1:** Jan. 6-27 (4 weeks)
  - Beck Recreation Center, Southeast Recreation Center and Utah Indoor Pool
  - $25 ($20 Resident)

- **Session 2:** Feb. 3-24 (4 weeks)
  - Beck Recreation Center, Southeast Recreation Center and Utah Indoor Pool
  - $25 ($20 Resident)

**Sunday Lessons (One day a week)**

- **Session 1:** Jan. 7-28 (4 weeks)
  - Beck Recreation Center, Southeast Recreation Center and Utah Indoor Pool
  - $25 ($20 Resident)

**Weekday Lessons Monday/Wednesday (Twice per week)**

- **Session 1:** Jan. 8-31 (4 weeks)
  - No lessons Jan. 15
  - Beck Recreation Center Indoor Pool
  - $44 ($35 Resident)

- **Session 2:** Feb. 5-28 (4 weeks)
  - No lessons Feb. 19
  - Beck Indoor Pool
  - $50 ($40 Resident)

**Weekday Lessons Tuesday/Thursday (Twice per week)**

- **Session 1:** Jan. 9-Feb. 1 (4 weeks)
  - Utah Indoor Pool
  - $50 ($40 Resident)

- **Session 2:** Feb. 6-29 (4 weeks)
  - Utah Indoor Pool
  - $50 ($40 Resident)
  - Beck Indoor Pool
# Utah Indoor Pool

**Beck Recreation Center**

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<tr>
<th>Time</th>
<th>Event</th>
<th>Monday</th>
<th>Tuesday/Thursday</th>
<th>Saturday</th>
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<td>6 p.m.</td>
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[See the complete schedule for more details.]
LEARN TO SWIM PRIVATE LESSONS

**Six months and older**

This program offers flexibility and individualized attention for those looking to learn to swim. It caters to various age groups and provides a choice of locations for convenience. Private lessons can be a great way to progress at your own pace and build confidence in the water.

- Please contact Olivia Myers at omyers@auroragov.org to register.
- $31/class ($25/class Resident)

LEARN TO SWIM SEMI-PRIVATE LESSONS

**Ages 1-3 years**

Semi-private lessons provide the opportunity for social interaction while learning to swim. It’s a great option for those who prefer to share the learning experience with friends or family members. The lessons are designed to cater to small groups, ensuring personalized attention for each participant. Please note that the pricing is per student.

- Please contact Olivia Myers at omyers@auroragov.org to register.
- $19/class ($15/class Resident)

**PARENT AND TOT 1**

**Ages 6 months-3 years**

An introductory class for parents and very young children. Parent and Tot 1 uses songs, games, and toys to help your baby gain confidence, learn basic swimming skills and develop safe habits around the water. Each child must be accompanied in the pool by a parent or guardian. Swim diapers required. Parent and Tot 2

**Ages 1-3 years**

Prepares very young swimmers to transition to independent swim lessons. To participate in this class, the child must be able to stand up independently. Emphasis on adjusting to swimming with an instructor rather than a parent, following directions and increasing autonomy in their swim skills. Each child must be accompanied in the pool by a parent or guardian. Swim diapers required.

**GUPPY 1**

**Ages 1-3 years**

Teaches basic water survival and self-rescue skills to young children. Emphasis on independent movement through the water, independent floating and swimming, and building endurance. To participate in this class, the child must be capable of holding the wall during lessons, comfortable submerging underwater, and able to float independently for 25 yards (flutter kick and elementary backstroke). Swim diapers are required if your child is not potty trained.

**GUPPY 2**

**Ages 1-3 years**

Teaches basic water survival and self-rescue skills to young children. Emphasis on independent movement through the water, independent floating and swimming, and building endurance. To participate in this class, the child must be capable of holding the wall during lessons, comfortable submerging underwater, and able to float independently for 25 yards (flutter kick and elementary backstroke). Swim diapers are required if your child is not potty trained.

**GUPPY 3**

**Ages 1-3 years**

Lays technical foundation for basic stroke techniques. Emphasis on head/hip alignment and propulsive kick technique. To participate in this class, the child must be capable of holding the wall during lessons, comfortable submerging underwater, and able to float independently for 25 yards (flutter kick and elementary backstroke). Swim diapers are required if your child is not potty trained.

**GUPPY 4**

**Ages 1-3 years**

Builds confidence and independence in basic stroke techniques for very strong young swimmers. Emphasis on head/hip alignment and propulsive kick technique. This class is by instructor recommendation only. Child must pass Guppy 3 before enrolling in Guppy 4.

**PARENT AND TOT 2**

**Ages 6 months-3 years**

Audiomax level class, focused on refining technique across all major swim strokes. Emphasis on stamina building and streamlining for efficiency. Introduces legal transitions between lengths and begins to work on the rules of competitive swimming. To participate in this class, students must swim 25 yards with good technique in front crawl, backstroke, breaststroke and butterfly. Child must demonstrate ability to tread for two minutes in deep water, surface dive to 10ft and perform a safe standing dive into deep water.

**STINGRAY 1**

**Ages 1-3 years**

Focuses on developing strong technique foundations for full swim strokes, with an emphasis on head/hip alignment and effective kick technique. To participate in this class, child must be able to independently swim 25 yards (flutter kick and elementary backstroke).

**STINGRAY 2**

**Ages 1-3 years**

Builds on the foundations in Stingray 2 to teach and reinforce proper technique and timing across all major swim strokes. Emphasis on simultaneous arm/leg actions and building endurance. Introduction to headfirst entry (dives). To participate in this class, children must be able to jump into deep water, able to swim 25 yards of all four kick techniques: whip kick, flutter kick, dolphin kick, and breaststroke kick and able to tread for one minute in deep water.

**STINGRAY 3**

Focuses on building stamina in Stingray 2 and building endurance across all major swim strokes. Emphasis on stamina building and streamlining for efficiency. Introduces legal transitions between lengths and builds to work on the rules of competitive swimming. To participate in this class, students must swim 25 yards with good technique in front crawl, backstroke, breaststroke and butterfly. Child must demonstrate ability to tread for two minutes in deep water, surface dive to 10ft and perform a safe standing dive into deep water.
Encouraging meaningful recreation opportunities and programs for individuals with disabilities to enhance and expand social, cognitive, affective and physical abilities.

CALL FOR VOLUNTEERS!
Adaptive Recreation & Inclusion Services for Everyone is seeking volunteers ages 12 and older to assist with their “Young Athletes in Training” program. Under the direction and supervision of full-time A.R.I.S.E. staff members, volunteers would be responsible for guiding individuals ages 4-12 of varying ability levels through basic sports drills.

For more information, please email arise@auroragov.org OR call 303.326.8410.

### Aquatics

**ADAPTIVE INTRO TO WATER**
Ages 4-10 (Over 11 inquire with staff for a needs assessment)
Participant-led water exposure in a safe, sensory-friendly and low-pressure environment. Designed for participants who are not ready for Adaptive Swim Lessons. Class ratios are one instructor to two swimmers.
74547 Jan. 11–Feb. 1
74544 Feb. 8–29
- Thursday, 3:30–4 p.m.
- $63 ($50 Resident)
- Central Recreation Center

**ADAPTIVE SWIM LESSONS**
Ages 4-10 (Over 11 inquire with staff for a needs assessment)
Water safety and level 1 and 2 swim skills introduced and adapted for various levels of swimmers. Designed for participants with disabilities who are not ready for group lessons and with the goal to graduate into group lessons. Class ratios are two instructors to three to four participants.
74536 Jan. 11–Feb. 1
74533 Feb. 8–29
- Thursday, 4–5:30 p.m.
- $63 ($50 Resident)
- Central Recreation Center

### Arts and Culture

**ADAPTIVE COOKING**
Ages 13 and older
Ignite your passion for cooking and empower yourself with essential kitchen skills as we dive into the world of delicious and nutritious meals!
74539 Dec. 5-19
74542 Jan. 9-30
74548 Feb. 6-27
- Tuesday, 10 a.m.-12:30 p.m.
- $75 ($60 Resident)*
- $100 ($80 Resident)*
- Central Recreation Center

### Excursions

**GET INTO THE HOLIDAY SPIRIT AT THE GAYLORD (ICE EXHIBIT)**
75057 Dec. 1
- $88 ($70 Resident)

**WINTER FUN AT PLAINS CONSERVATION CENTER: SNOWSHOEING (WEATHER PENDING)/COOKING ON WOOD STOVE**
75059 Jan. 19
- $40 ($32 Resident)

**THE SENSORY GYM**
75060 Jan. 19
- $45 ($36 Resident)

**KA-KO JO’S ENTERTAINMENT CENTER: GLOW MINI GOLF AND MORE**
75061 Feb. 23
- $55 ($44 Resident)
- Central Recreation Center
Fitness, Sports and Special Olympics

KOREAN ACADEMY OF MARTIAL ARTS SELF-DEFENSE
Ages 5 and older
Taught by Grandmaster, Chassan Timani, alongside A.R.I.S.E. staff providing adaptations and support throughout class. The goal of this class is to ensure all students are given tools and techniques to defend themselves in all scenarios and situations, with an emphasis on endurance, perseverance, integrity, discipline and indomitable spirit. Please be prepared to assist your family member as needed.
75067 Dec. 5-10*
75068 Jan. 9-30
75071 Feb. 6-27
• Tuesday, 4-4:45 p.m.
• $48 ($38 Resident)*
• $63 ($50 Resident)
• Central Recreation Center

A.R.I.S.E.

SPECIAL OLYMPICS YOUNG ATHLETE BASKETBALL
Ages 4-10 and 11-15
Unlock potential through practice and play. Join us as we enhance foundational skills for team sport participation, with a focus on basketball. Athletes will have the opportunity to compete in individual skills (ages 8+) or gain exposure to competition settings (ages 4-7) at the regional level.
74541 Jan. 10-31
74533 Feb. 7-28
• Wednesday, 4-4:45 p.m.
• $40 ($32 Resident)
• Central Recreation Center

SPECIAL OLYMPICS BASKETBALL
Ages 16 and older
In this program, we will use adaptive techniques to teach the fundamentals of basketball and team play. The A.R.I.S.E. team will work with participants on specific skills and will assign participants to unified or traditional teams based on their individual strengths. Participants will have the opportunity to compete in the regional competition with the Special Olympics.
74533 Jan. 10-March 13 (subject to change based on Special Olympics competition schedule)
• Wednesday, 5-6 p.m.
• $31 ($25 Resident)
• Central Recreation Center

SPECIAL OLYMPICS UNIFIED RED SHIRT ROOKIES
Ages 3 and older
Ready to venture into the realm of limitless potential? Join us for Special Olympics Unified Red Shirt Rookies! This program is a great opportunity for individuals ages 3 and older to socialize, gain exposure and experience a variety of sports. Each session ends with a themed award ceremony. Staff and coaches provide full assistance with a 12:1 ratio to ensure successful participation throughout the session. Caregivers need to stay on-site to provide any personal care assistance.
75079 Jan. 11-Feb. 15
• Thursday, 12:45-2 p.m.
• $38 ($30 Resident)
• Southeast Recreation Center

A.R.I.S.E.

SPECIAL EVENTS

ANNUAL HOLIDAY PARTY
sponsored by
Developmental Pathways

Ages 13 and older
Celebrate with us for a sit-down holiday dinner with friends. The evening will be filled with games, dancing and a gift exchange.
75088 Dec. 15
• Friday, 4:30-7 p.m.
• $23 ($18 Resident)
• Beck Recreation Center

FAB FRIDAYS
Ages 13 and older
Hit The Floor, It’s 2024!
Join us for an evening of games, dancing, karaoke and PIZZA!
74549 Feb. 9
• Friday, 4:30-7 p.m.
• $38 ($30 Resident)
• Central Recreation Center

Valentine Celebration
Join us as we make a special dinner and festive creations. We will also sweeten up the evening with some cookies.
74549 Feb. 9
• Friday, 4:30-7 p.m.
• $38 ($30 Resident)
• Central Recreation Center

INCLUSION SERVICES
Available to provide assistance to all ages of individuals with or without disabilities to participate in recreation programs together. An assessment can be completed to determine what program modifications and/or inclusion aide services are needed.

FUNDING ASSISTANCE
The city of Aurora can reduce fees for residents on limited incomes. Call any recreation center on page three for eligibility and an application.
Developmental Pathways scholarship funding is available for active members, except towards swim lessons.
For more information, please email arise@auroragov.org or call 709-326-8410/720-859-4984. You can see all classes at AuroraGov.org/ARISE
Cooking

Aurora Cooks

Our cooking classes are designed to develop age-specific skills, promote community, demystify scratch cooking across cultures and promote fruit and vegetable consumption. We can help you become a confident home cook with our approach to cooking: empowering, practical and fun!

Parent/Tot

Curriculum designed for youth ages 3-6 accompanied by an adult 18 years or older. $35/pair

BREAKFAST IN WHOVILLE
Step into the magical and delicious world of Whoville with your little one in this fun and whimsical cooking class. Together, we’ll whip up delightful treats while embracing the joy of togetherness and the spirit of giving. Menu: Grinch Dutch Baby, Max’s Turkey Sausage and Martha May Holiday Punch.
75437 Dec. 2
- Saturday, 9-10:30 a.m.
- Central Recreation Center
75442 Dec. 27
- Wednesday, 10:30 a.m.-noon
- Moorhead Recreation Center

ROYAL TEA PARTY
Hear ye! Hear ye! Calling all Prince and Princesses! Come dressed as your favorite character and join us for the Royal Tea Party! Menu: Cinderella’s Spritzer, Elsa and Olaf’s Turkey Tea sandwiches and Beauty and the Beast Cake Pops.
75465 Dec. 20
- Wednesday, 9-10:30 a.m.
- Central Recreation Center
75477 Feb. 24
- Saturday, 9-10:30 a.m.
- Moorhead Recreation Center

THE WHACKY WILD WEST
Get ready to saddle up for a rootin’ tootin’ culinary adventure with your little buckaroo! Round up your mini sidekick and embark on a journey to create cowboy-approved grub that’ll have your taste buds yeehawing. So, grab your boots, and let’s wrangle up some delicious Wild West creations together! Menu: Campfire Barbecue Beans, Cheesy Corndog Muffins and Sheriff Badge Cookies.
75485 Jan. 6
- Saturday, 10-11:30 a.m.
- Moorhead Recreation Center

SUNRISE TEA PARTY
Join us for a country charm breakfast with chef to enjoy! Coffee and doughnuts served. Menu: Fresh Fruit Parfait, Blueberry Dutch Baby and Mini Blueberry Muffins.
75489 Feb. 17
- Saturday, 9-10:30 a.m.
- Central Recreation Center

COOKIES AND COCOA
Grab your little ones and join us for an afternoon of holiday cookie fun with a warm mug of homemade hot cocoa!
75452 Dec. 6
- Wednesday, 2:30-4 p.m.
- Expo Community Center

SESAME STREET EATS
After an exclusive interview with Elmo, we have learned not only how to get to Sesame Street, but how to cook there as well! Join us as we sing, dance and learn how to prepare some delicious Sesame Street Eats! Menu: Burt and Ernie Fruit Parfaits, Big Bird Mac n Cheese and Cookie Monster Donuts.
75492 Jan. 10
- Wednesday, 2-3:30 p.m.
- Expo Community Center

HOLIDAY TREATS
Cozy up with us in the kitchen while we make some holiday treats. Menu: Holiday Apple Cider, Holiday Pinwheels and Reindeer Cookies.
75459 Dec. 16
- Saturday, 2-3:30 p.m.
- Moorhead Recreation Center

HONEY, I SHRUNK THE CHEF
A delicious disaster has occurred. The shrink ray has malfunctioned and blasted our kitchen and MINIATURIZED everything. Join us as prepare some hugely flavorful yet teeny-tiny dishes with your toddlers. Menu: Mini Buttermilk Biscuit Breakfast Sliders, Shrunken Cinnamon Rainbow Toast and Shrink Ray Apple Ginger Lemonade.
75446 Dec. 2
- Saturday, 9-10:30 a.m.
- Central Recreation Center

SNOW LAUGHING MATTER
It might be snowy and cold outside, but we can stay warm in the kitchen. Join us to make some fun snow themed treats to enjoy with your family. Menu: Polar Bear Paw Cupcakes, Wanna Build a Snowman Snack Crackers and Marshmallow Penguin Hot Cocoa Buddy.
75496 Jan. 13
- Saturday, 9:30-11 a.m.
- Central Recreation Center

SESAME STREET EATS
After an exclusive interview with Elmo, we have learned not only how to get to Sesame Street, but how to cook there as well! Join us as we sing, dance and learn how to prepare some delicious Sesame Street Eats! Menu: Burt and Ernie Fruit Parfaits, Big Bird Mac n Cheese and Cookie Monster Donuts.
75492 Jan. 10
- Wednesday, 2-3:30 p.m.
- Expo Community Center

THE GREAT FAIRY ESCAPE
The fairies need your help! It’s been so cold outside they haven’t been able to make their favorite treats. Together we will warm up the kitchen and make some fairy snacks to help our friends and fill our bellies. Menu: Fairy Biscuits, Hummingbird Muffins and Mini Butterfly Sandwiches.
75496 Jan. 13
- Saturday, 9:30-11 a.m.
- Central Recreation Center

A MICKEY MOUTH BRUNCH
M-I-C-K-E-Y! Mouseketeers bring your toddlers to help prepare a proper magical Mickey brunch. Menu: Mickey French Toast and Minnie Turkey Sausage Bites, served with Orange Cream Pluto Punch.
75499 Jan. 20
- Saturday, 9-10:30 a.m.
- Moorhead Recreation Center

BE MINE BRUNCH
Indulge in a morning of love-filled creativity with your little one! Join us for a heartwarming menu celebrating love. Share smiles, sprinkle toppings and create memories that will be cherished for a lifetime. Menu: Buttery Cinnamon French Toast Dippers, Croissant Breakfast Sausage Casserole and Vanilla Yogurt Dipped Strawberries.
75506 Feb. 3
- Saturday, 10-11:30 a.m.
- Moorhead Recreation Center
75510 Feb. 7
- Wednesday, 10-11:30 a.m.
- Expo Community Center
RAJIN’ CAJUN
Join us as we explore the bold, zesty flavors of Cajun cooking. Menu: Chicken Gumbo, Honey Butter Cornbread and Mint and Lime Sparkling Ginger Soda.
75520 Dec. 9
- Saturday, 2-4 p.m.
- Central Recreation Center

WOK AND ROLL
Don’t order takeout when you could cook some fun takeout inspired dishes as a family. Menu: Chicken Curried Fried Rice with Pineapple, Spicy Ginger Edamame and Thai Fried Bananas with Coconut Sesame Seed Caramel Sauce.
75578 Jan. 5
- Friday, 6-8 p.m.
- Moorhead Recreation Center

GAME DAY!
Let’s create some kitchen cheer with some game day favorites! Menu: Garlic Parmesan and Spicy Asian Wings, Fried Pickles and our Secret Dipping Sauce day favorites! Menu: Garlic Parmesan and Spicy Asian Rolls.
75567 Jan. 13
- Saturday, 10 a.m.-noon
- Moorhead Recreation Center

FAMILY BISCUIT FACTORY
Join us as we embark on a fluffy and flaky biscuit adventure. Menu: Buttermilk Biscuits and Herb Turkey Sausage Gravy and Homemade Cinnamon Rolls.
75569 Feb. 3
- Saturday, 10 a.m.-noon
- Central Recreation Center

KOREAN BBQ
In this class we will make Korean dishes bursting with bright spices, exciting ingredients and mouthwatering flavors that the whole family will love! Menu: Bulgogi Chicken, Kimchi Fried Rice and Hotteok (Cinnamon-Sugar filled pancakes) for dessert.
75571 Jan. 20
- Saturday, 11 a.m.-1 p.m.
- Central Recreation Center

FROZEN: BREAKFAST IN ARENDELLE
It’s cold outside but it’s about to get FROZEN in our kitchen. Join us as we cook breakfast in Arendelle! You will not want to be anywhere ELSEA. Menu: Kristoff Breakfast Kabobs, Frozen Yogurt and Fruit Bark and Sven Reindeer Waffles.
75578 Jan. 27
- Saturday, 9:30-11:30 a.m.
- Moorhead Recreation Center

TASTE OF COUNTRY COOKING
Transport your taste buds and prepare some special occasion American Southern cooking Menu: Chicken with Dumplings, Glazed Carrots and Warm Gingerbread with Sweetened Whipped Cream.
75581 Feb. 15
- Thursday, 6-8 p.m.
- Moorhead Recreation Center

SWEETS AND DOGGIE TREATS
Attention dog lovers! Let’s make something delicious for you and your furry friend that everyone will be barking about! Menu: Chocolate Chip Banana Bites, Bean and Cheese Flautas with Roasted Tomato Salsa.
75544 Jan. 13
- Saturday, 2-4 p.m.
- Moorhead Recreation Center

AURORA COOKS JUSTICE LEAGUE
Pow! Bang! Bam! The villains don’t stand a chance with this powerful hero lineup! Menu: Gone in a Flash Meatballs, Bat-A-Rang Brownies and Daughters of Themyscira Carrot Spears.
75528 Jan. 20
- Saturday, 3-5 p.m.
- Central Recreation Center

BEAUTY AND THE FEAST
Chefs have uncovered some recipes from the tale as old as time. Be our guest and put your cooking to the test. Menu: Peperoni Pizza Rolls, Strawberry Lemon Princess Bell Teacup Cake and Be our Guest Punch.
75529 Jan. 27
- Saturday, 1-3-30 p.m.
- Moorhead Recreation Center

HOLIDAY COOKIE MADNESS
The best way to spread holiday cheer is baking cookies and there will be plenty to share, so have no fear! Menu: Snickerdoodle Cookie Cups topped with Eggnog Frosting and Cranberries, Frosted Cut-Out Sugar Cookies and Minty Brownie Cookies.
75523 Dec. 9
- Saturday, 10 a.m.-noon
- Central Recreation Center

HOLIDAY COOKIE MADNESS
75624 Dec. 9
- Saturday, 2-4 p.m.
- Expo Community Center

CHEF BARBIE
Hey Barbie! Join us on a plastic fantastic inspired culinary adventure to see what is cooking in Barbies mansion. Menu: Barbie-que Tandoori Chicken Skewers, Blushing Strawberry Coconut Drink and Pink Lemonade Cupcakes.
75525 Dec. 20
- Wednesday, 1:30-3:30 p.m.
- Moorhead Recreation Center

EASY FUN SNACKS!
Send those after school snack cooks over to learn some easy and fun snacks that anyone can make at home with a little help. Menu: Homemade Goldfish Snack Mix, Chocolate Chip Banana Bites, Bean and Cheese Flautas with Roasted Tomato Salsa.
75546 Jan. 13
- Saturday, 2-4 p.m.
- Moorhead Recreation Center

AURORA COOKS JUSTICE LEAGUE
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I LOVE YOU A BRUNCH
With love, sometimes food can do what words cannot. Cook a love letter to share with your family with this fun and heartfelt menu. Menu: Vanilla Strawberry Heart French Toast, Breakfast Sausage Hearts and Chocolate Hearts.
75631 Jan. 10-24
- Saturday, 2-4 p.m.
- Central Recreation Center
75634 Feb. 17
- Saturday, 10 a.m.-noon
- Moorhead Recreation Center

GOURMET GAMERS
Pause your favorite video game and step away from the TV and in front of the stove for a flavor-boosted, fun-filled cooking class. Menu: Fortnite Fettuccini Alfredo, Swedish Minecraft Meat cubes and Princess Peaches N’ Cream Crisp.
75635 Feb. 10
- Saturday, 2-4 p.m.
- Moorhead Recreation Center
75636 Feb. 24
- Saturday, 2-4 p.m.
- Central Recreation Center

MAC MINIONS AND CHEESE
Say bello to my little minions and learn to make Kevin’s ultimate Mac n Cheese, which is sure to impress the felonious Gru and your friends. Menu: Bob’s Mini Corn Dogs, Kevin’s Ultimate Mac n Cheese and Minion Cake Pops.
75630 Feb. 17
- Saturday, 2-4 p.m.
- Moorhead Recreation Center

AFTER SCHOOL COOKING
Ages 6-9
Transform into a chef after school! Join us for an after-school cooking class, learning basic cooking techniques to make delicious and nutritious snacks at home!
75637 Jan. 10-24
- Wednesday, 4:30-5:30 p.m.
- Moorhead Recreation Center
75638 Feb. 7-21
- Wednesday, 3:30-4:30 p.m.
- Central Recreation Center
- $12/class or register for the entire month

Junior Chef  Curriculum designed for youth ages 10-14. $35/ person unless otherwise noted

DO YOU KNOW THE MUFFIN MAN?
Citizens of Druvy Lane want more than muffins! This fun and flavorful class will venture into preparing fun dishes in muffin tins. Menu: Cheeseburger Cups, Taco Cups and Peanut Butter Cookie Cups.
75642 Dec. 2
- Saturday, 1-3 p.m.
- Central Recreation Center
75643 Feb. 24
- Saturday, 2-4 p.m.
- Moorhead Recreation Center

EXTREME GINGERBREAD HOUSE MAKEOVER
Together, we will learn all about this cousin of our good friend PIZZA with some fun twists on the classics. Menu: Chicken Alfredo Calzone, Margarita Calzone and Chocolate Calzone Hand Pies.
75648 Dec. 27
- Wednesday, 2-4 p.m.
- Central Recreation Center
75649 Jan. 6
- Saturday, 2-4 p.m.
- Moorhead Recreation Center

MINI MOROCCO
Join our food explorers in learning how to make some of the most flavorful Moroccan food. New flavors and new friends await you in this class. Menu: Roasted Vegetable Couscous, Chicken Tagine and Moroccan Date Cake.
75650 Dec. 29
- Friday, 6-8 p.m.
- Moorhead Recreation Center
75651 Feb. 24
- Saturday, 10 a.m.-noon
- Central Recreation Center

CALLING ALL CAKE BOSSES
Learn to trim, fill, frost and decorate your own personal layer cake! Class will be filled with tips and techniques that will enable you to bake and decorate cakes for your next special occasion.
75652 Jan. 13
- Saturday, 1-3 p.m.
- Moorhead Recreation Center

AURORA COOKS ULTIMATE CHEF
Are you among those who wish to test your cooking skills? Enter the Aurora Cooks Kitchen Stadium to join a “just for fun” cooking competition. Participants will work together and compete as teams to create their own entree (with instructor guidance) utilizing ten ingredients and an assigned mystery ingredient. Menu: Dessert Demo, Appetizer/Snack and 10 Ingredient Entrée Challenge.
75653 Jan. 20
- Saturday, 1-3 p.m.
- Central Recreation Center

RARE CREATURE BAKERY
Can you smell the sweet and magical aroma from this enchanting bakery? Straight out of mythology and into our kitchen, we will be learning to conjure up the rare and mystical unicorn cupcake Menu: Unicorn Horn Cookie Topper, Tri-Colored Unicorn Cupcake and Vanilla Butter Cream.
75657 Feb. 1
- Thursday, 6-8 p.m.
- Moorhead Recreation Center

A TINY BIT OF LOVE
Instead of making a valentine, would you rather bake a valentine? Lean into love and join us for a fun and decorative display of loving confections. Menu: Heart Shaped Marbled Cupcakes, Homemade Chocolate Frosting, Chocolate Covered Peanut Butter Hearts and White Chocolate Dipped Strawberries.
75659 Feb. 10
- Saturday, 10 a.m.-noon
- Moorhead Recreation Center
75658 Feb. 10
- Saturday, 2-4 p.m.
- Central Recreation Center

Gourmet Gamers
**Adult 18+**
Curriculum designed for adults ages 18 years and older. $40/person

**BREAKFAST FOR DINNER: MOROCCO**
Did you miss out on breakfast this morning? Well, luckily, you can join us as we prepare the most important meal of the day for dinner, and we are going to do it with a Moroccan twist. Menu: Fire Roasted Red Bell Pepper Shakshuka with Toasted Pita and Chocolate Almond Moroccan Phyllo Cake.

75664 Dec. 16
- Saturday, 10 a.m.-noon
- Central Recreation Center

**DIM SUM!!!**
Crawling some Asian small plates? Enjoy a drink and come prepare some outstanding dim sum with us! Menu: Chinese BBQ Pork Buns, Vegetable Dumplings and Egg Tarts.

75668 Dec. 8
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**WINTER PASTA NIGHT**
Stay inside and keep warm while we teach you how easy making homemade pasta can be. Menu: Homemade Three Cheese Tortellini and Spinach Soup, Caesar Salad with Homemade Croutons, Parmesan Crisps and Creamy Caesar Dressing.

75669 Dec. 15
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**BRUNCH CLUB FAVORITES**
Learn how to make some of our favorite brunch dishes that will impress your guests this holiday season. Menu: Cheesy Croissant Breakfast Sausage Strata, Cinnamon Blueberry French Toast Casserole and Mint and Fresh Fruit Salad.

75671 Dec. 16
- Saturday, 9 a.m.-noon
- Moorhead Recreation Center

**HOLIDAY COOKIES**
Do your holiday baking with Aurora Cooks! Bake a variety of unique holiday cookies to take home and share with your family and friends. Menu: Crème Brûlée Sugar Cookies, Red Velvet Crinkle Cookies and Caramel Gingerbread Cookie Cups.

75672 Feb. 17
- Saturday, 6-8:30 p.m.
- Central Recreation Center

**COZY MAKING 101**
Demystify some candy-making basics and make some tasty treats to share with your loved ones. Menu: Apple Cider Toffee, Pumpkin Fudge and Pecan Pralines.

75674 Dec. 28
- Thursday, 6-9 p.m.
- Moorhead Recreation Center

**COZY COOKING**

75666 Jan. 18
- Thursday, 6-8:30 p.m.
- Moorhead Recreation Center

**COZY INDIAN CURRY**
Join in the fragrance of freshly ground spices and a laughter-filled kitchen as you bond with fellow culinary adventurers over a shared love of Indian cuisine. Menu: Butter Chicken, Roti (Indian Flat Bread) and Spiced Basmati Rice.

75676 Jan. 12
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**FLAVORS OF MOROCCO**
Discover the beauty of Moroccan cuisine that welcomes any cook looking for spice and adventure. Menu: Chicken Tagine with Apricots and Almonds, Roasted Vegetable Couscous and Moroccan Date Cake.

75677 Jan. 19
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**CHICAGO DEEP DISH PIZZA**
Let’s explore the “Windy City’s” classic pizza style and take pizza night to a new level. Menu: Pepporoni and Cheese Deep Dish Pizza, Roasted Garlic Broccoli, Marinara and a Skillet Chocolate Chip Cookie.

75678 Jan. 25
- Thursday, 6-9 p.m.
- Moorhead Recreation Center

**THE ART OF ONE POT COOKING**
It is time to have a little break from dish washing. Experience cooking without using every pot and pan you own. Explore the art of one pot cooking with this French inspired menu. Menu: Basil Lemon Artichoke Chicken Fricassee, Roasted Garlic Whipped Cauliflower and Caramel Apple Tart Tatin.

75679 Jan. 26
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**AREPAS, POR FAVOR!**
Join us in making this South American street food, that is the perfect vessels for fillings and toppings galore! Menu: Arepas with Ancho Shredded Chicken Filling, Black Bean and Corn Filling and Salsa Verde.

75683 Feb. 22
- Thursday, 6-9 p.m.
- Moorhead Recreation Center

**STREET TACOS**
Turn any night into Taco Tuesday! In this hands-on class you will learn how to make your favorite street tacos at home. Menu: Barbacoa Tacos with Homemade Corn Tortillas, Quick-Pickled Red Onions, Pico De Gallo and Chipotle Crema.

75684 Feb. 23
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**ONE, TWO PATE CHOUX**
Stop by our streetside bakery and see how this French staple can transform! Menu: Brioche Gougères, Garlic and Herb Savory Profiteroles and Cannoli Eclairs.

75685 Feb. 29
- Thursday, 6-9 p.m.
- Moorhead Recreation Center

**TASTE OF JAPAN**
In this class, we will explore the unique flavor of Japanese umami or “pleasant savory taste.” Menu: Pork Gyoza with Spicy Soy Dipping Sauce and Chicken Yakisoba (Japanese Stir-Fried Noodles).

75682 Feb. 16
- Friday, 6-9 p.m.
- Moorhead Recreation Center

**BRUNCH CLUB FAVORITES**
Learn how to make some of our favorite brunch dishes that will impress your guests this holiday season. Menu: Cheesy Croissant Breakfast Sausage Strata, Cinnamon Blueberry French Toast Casserole and Mint and Fresh Fruit Salad.

75671 Dec. 16
- Saturday, 9 a.m.-noon
- Moorhead Recreation Center

**HOLIDAY COOKIES**
Do your holiday baking with Aurora Cooks! Bake a variety of unique holiday cookies to take home and share with your family and friends. Menu: Crème Brûlée Sugar Cookies, Red Velvet Crinkle Cookies and Caramel Gingerbread Cookie Cups.

75672 Feb. 17
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- Central Recreation Center

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- Moorhead Recreation Center

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75685 Feb. 29
- Thursday, 6-9 p.m.
- Moorhead Recreation Center
TIKKA CHANCE ON ME
Spice up the cold Colorado winter and join us to learn how to make this favorite indian dish. Menu: Chicken Tikka Masala, Homemade Naan and a Cardamom Crumble Ice Cream.
75694 Dec. 7 - Thursday, 6-9 p.m.
- Central Recreation Center

CHINESE TAKEOUT
Cook like a Wok Star! Skip the trip and make your favorite takeout at home. Menu: General Tso’s Chicken, Egg Drop Soup and Cream Cheese Wontons
75695 Dec. 7 - Thursday, 6-9 p.m.
- Expo Community Center
75696 Feb. 23 - Friday, 6-9 p.m.
- Central Recreation Center

GREAT EGG-SPECTATIONS
What better ingredient to have great expectations of than the incredible egg! Come learn some of its tricks with this elegant array of nibbles. Menu: Quiche Loraine, Classic Caesar Salad and Pavlova with Roasted Pears and Walnuts
75697 Dec. 8 - Friday, 6-9 p.m.
- Central Recreation Center
75698 Jan. 25 - Thursday, 6-9 p.m.
- Expo Community Center

FESTIVE BITES and BUBBLES
Stress less this holiday season and down-size the usual feast. Join us and fill your kitchen with the inviting aroma of some flavorful festive bites and bubbles. Menu: Mini Beef Wellingtons with Creamy Mustard Horseradish Dip and Herb Ricotta Zucchini Rolls with Marinara and Strawberry Cream Cheese Turnovers.
75699 Dec. 14 - Thursday, 6-9 p.m.
- Central Recreation Center

STREET TACOS and MARGARITAS
Turn any night into Taco Tuesday! In this hands-on class you will learn how to make your favorite street tacos at home. Menu: Barbacoa Tacos with Homemade Corn Tortillas, Quick-Pickled Red Onions, Pico De Gallo and Chipotle Crema.
75700 Dec. 14 - Thursday, 6-9 p.m.
- Expo Community Center

HOLIDAY COOKIES
Do your holiday baking with Aurora Cooks! Bake a variety of unique holiday cookies to take home and share with your family and friends. Menu: Crème Brûlée Sugar Cookies, Red Velvet Crinkle Cookies and Caramel Gingerbread Cookie Cups.
75701 Dec. 15 - Friday, 6-9 p.m.
- Central Recreation Center

SUSHI WORKSHOP
Learn the ins and outs of sushi rolling in this hands-on class. Menu: Spicy Edamame, Salmon and Mango Roll, California Roll and Chocolate and Raspberry Dessert Sushi.
75702 Dec. 21 - Thursday, 6-9 p.m.
- Central Recreation Center
75703 Feb. 8 - Thursday, 6-9 p.m.
- Central Recreation Center

CANDY MAKING
Demystify some candy-making basics and make some tasty treats to share with your loved ones. Menu: Apple Cider Toffee, Pumpkin Fudge and Pecan Pralines.
75704 Dec. 22 - Friday, 6-9 p.m.
- Central Recreation Center
75705 Feb. 22 - Thursday, 6-9 p.m.
- Expo Community Center

HOT POT!
Travel with us to China’s Spice Capitol and make some Hot Pot. Menu: Savory Beef Broth with Homemade Soup Dumplings, Noodles and Veggies, Garlic Chili Sauce and Mango Sorbet for Desert.
75706 Dec. 28 - Thursday, 6-9 p.m.
- Central Recreation Center

WINTER SAVORY GALETTEs
Do your holiday baking with Aurora Cooks! Bake a variety of unique holiday cookies to take home and share with your family and friends. Menu: Wild Mushroom and Bacon Galette, Roasted Tomato and Garlic Galette and Mixed Greens with Lemon Citronette.
75707 Dec. 28 - Thursday, 6-9 p.m.
- Expo Community Center
75708 Feb. 2 - Friday, 6-9 p.m.
- Central Recreation Center

DIM SUM!!
Craving some Asian small plates? Enjoy a drink and come prepare some outstanding dim sum with us! Menu: Chinese BBQ Pork Buns, Vegetable Dumplings and Egg Tarts.
75709 Dec. 23 - Thursday, 6-9 p.m.
- Central Recreation Center

TASTE OF JAPAN
In this class, we will explore the unique flavor of Japanese umami or “pleasant savory taste.” Menu: Pork Gyoza with Spicy Soy Dipping Sauce and Chicken Yakisoba (Japanese Stir-Fried Noodles).
75710 Jan. 4 - Thursday, 6-9 p.m.
- Central Recreation Center

FONDUE WINE DINNER
This fun and interactive class will tickle your taste buds and warm your belly with some fondue fun. Menu: Chorizo Fondue with Cornbread, Sweet Potatoes and Peppers, Salted Caramel Fondue with Apples and Homemade Pretzels.
75714 Jan. 12 - Friday, 6-9 p.m.
- Central Recreation Center

PIECE OF PIE WORKSHOP
Seem to have lost your “flour” power or forgotten grandma’s famous pie secrets? Join us in learning the basics of pie making. Menu: Curry Chicken Pot Pie, Roasted Brussels Sprouts Salad with Apples and Honey Mustard Vinaigrette and Caramel Apple Hand Pies for dessert.
75716 Jan. 19 - Friday, 6-9 p.m.
- Central Recreation Center

DO YOUR HOLIDAY BAKING WITH AURORA COOKS!
Let us amp up some Thai-rrific dishes together as we explore the tips and tricks of recreating authentic Thai inspired food at home. Menu: Shrimp Pad Thai, Thai Sweet Chili Green Beans, Pineapple and Coconut Ice Cream.
75713 Jan. 11 - Thursday, 6-9 p.m.
- Central Recreation Center

COOKING WITH WINE
Wine is not just great for drinking, but also for cooking! Learn how to make impressive wine-infused dishes while sipping on your favorite wine. Menu: Chicken Marsala, Creamy Parmesan Polenta and Red Wine Poached Pears with Crème Anglaise
75715 Jan. 18 - Thursday, 6-9 p.m.
- Central Recreation Center

PIZZA AND PASTA WORKSHOP
Let’s make some authentic pizza! Menu: Personal Pizzas and Pasta with Marinara Sauce, Feta and prosciutto.
75717 Jan. 22 - Friday, 6-9 p.m.
- Central Recreation Center

COOKING WITH WINE
Wine is not just great for drinking, but also for cooking! Learn how to make impressive wine-infused dishes while sipping on your favorite wine. Menu: Chicken Marsala, Creamy Parmesan Polenta and Red Wine Poached Pears with Crème Anglaise
75715 Jan. 18 - Thursday, 6-9 p.m.
- Central Recreation Center

PIECE OF PIE WORKSHOP
Seem to have lost your “flour” power or forgotten grandma’s famous pie secrets? Join us in learning the basics of pie making. Menu: Curry Chicken Pot Pie, Roasted Brussels Sprouts Salad with Apples and Honey Mustard Vinaigrette and Caramel Apple Hand Pies for dessert.
75716 Jan. 19 - Friday, 6-9 p.m.
- Central Recreation Center

PIZZA AND PASTA WORKSHOP
Let’s make some authentic pizza! Menu: Personal Pizzas and Pasta with Marinara Sauce, Feta and prosciutto.
75717 Jan. 22 - Friday, 6-9 p.m.
- Central Recreation Center

THAI-RRIFIC TASTE
Come make some Thai-inspired dishes. Menu: Chicken Tikka Masala, Green Curry, and Papaya Salad.
75718 Jan. 25 - Thursday, 6-9 p.m.
- Central Recreation Center

COOKING WITH WINE
Wine is not just great for drinking, but also for cooking! Learn how to make impressive wine-infused dishes while sipping on your favorite wine. Menu: Chicken Marsala, Creamy Parmesan Polenta and Red Wine Poached Pears with Crème Anglaise
75715 Jan. 18 - Thursday, 6-9 p.m.
- Central Recreation Center

PIECE OF PIE WORKSHOP
Seem to have lost your “flour” power or forgotten grandma’s famous pie secrets? Join us in learning the basics of pie making. Menu: Curry Chicken Pot Pie, Roasted Brussels Sprouts Salad with Apples and Honey Mustard Vinaigrette and Caramel Apple Hand Pies for dessert.
75716 Jan. 19 - Friday, 6-9 p.m.
- Central Recreation Center

PIZZA AND PASTA WORKSHOP
Let’s make some authentic pizza! Menu: Personal Pizzas and Pasta with Marinara Sauce, Feta and prosciutto.
75717 Jan. 22 - Friday, 6-9 p.m.
- Central Recreation Center

THAI-RRIFIC TASTE
Come make some Thai-inspired dishes. Menu: Chicken Tikka Masala, Green Curry, and Papaya Salad.
75718 Jan. 25 - Thursday, 6-9 p.m.
- Central Recreation Center
THAI NIGHT: SHRIMPLY IRRESISTIBLE
Have you been dreaming of a charming and romantic night in Thailand? Preparing Thai food is both feisty and flavorful. In class, we will take it down and make it “shrimply” by properly preparing and walking you through the Pad Thai process step-by-step. Enjoy a refreshing Singapore Sling cocktail and tune in for some fun and learning. Menu: Thai Coconut and Lime Shrimp Lettuce Wraps, Pad Thai and Chai Caramelized Apples with Coconut Whip.
75719 Jan. 26
- Friday, 6-9 p.m.
- Central Recreation Center

THE ART OF ONE POT COOKING
It is time to have a little break from dishwashing. Experience cooking without using every pot and pan you own. Explore the art of one-pot cooking with this French-inspired menu. Menu: Basil Lemon Artichoke Chicken Fricassees, Roasted Garlic Whipped Cauliflower and Caramel Apple Tart Tatin.
75782 Feb. 1
- Thursday, 6-9 p.m.
- Central Recreation Center

SIMPLY, A DINNER PARTY
An elegant dinner party spread doesn’t need to be complicated to be lovely. Join us in cooking this simple and impressive meal. Menu: Apple and Brie Stuffed Chicken, Pan Roasted Broccolini and Fluffy Almond Scented Rice Pilaf.
75783 Feb. 8
- Thursday, 6-9 p.m.
- Expo Community Center

GYRO MY HERO
Ever wonder how to get the delicious flavor of these Greek classics at home? Join us in learning this easy spin on tradition. Menu: Tender Oven Roasted Chicken Gyros, Handmade Garlic Naan and Pistachio Ice Cream.
75784 Feb. 9
- Friday, 6-9 p.m.
- Central Recreation Center

COFFEE, COCKTAILS and DONUTS
Coffee and Donuts? Yes, please! In this class, we will learn to make some top shelf donuts and a delicious cocktail perfect for dunking or sipping while you enjoy your efforts. Menu: Salted Caramel Crunch Old Fashioned Donuts and Blueberries and Cream Filled Donuts with a Coffee Cocktail.
75785 Feb. 10
- Saturday, 9 a.m.-noon
- Central Recreation Center

ONE, TWO PATE CHOIX
Stop by our street side bakery and see how this French staple can transform! Menu: BLT Gougères, Garlic and Herb Savory Profiteroles and Cannoli Eclairs.
75787 Feb. 15
- Thursday, 6-9 p.m.
- Central Recreation Center

WILL YOU BRIE MY VALENTINE
Join us this Valentine’s Day for a cheesy experience with your sweetie. Menu: Neuchatel Fondue and dippers and Classic Vanilla Ice Cream over an Ooey Gooey Chocolate Lava Cake.
75788 Feb. 16
- Friday, 6-9 p.m.
- Central Recreation Center

CAST IRON COOKING
Learn how versatile cast iron cooking can be and how to care for your skillet. Menu: Herbed Spatchcock Chicken, Crispy Potatoes and Charred Broccoli Salad.
75789 Feb. 22
- Thursday, 6-9 p.m.
- Central Recreation Center

CURRY ME CRAZY
Let’s take a trip to Thailand with this creamy, sweet and spicy curry dish. Menu: Panang Chicken Curry, Coconut Jasmine Rice and Thai Shredded Salad with Peanut Lemongrass Dressing.
75790 Feb. 23
- Thursday, 6-9 p.m.
- Central Recreation Center

BEGINNING DOG TRAINING
Puppies/Dogs nine weeks and older
Learn how to understand your dog and communicate with them. Teach the basic commands like loose leash, sit, down, come, stand, stay, leave it, heel, drop it and good manners. Do not bring the dog to first class. Bring proof of shots (DHLPP and Rabies) to first class. Dogs must be dog and people friendly.
72950 Jan. 7-Feb. 11
- Sunday, 8:30-9:30 a.m.
- Expo Community Center
74936 Feb. 7-Mar. 13
- Wednesday, 5:45-6:45 p.m.
- $204 ($163 Resident)
- Beck Recreation Center
Beck Recreation Center Drop-In Classes

Drop-in classes included with membership.

SILVERSNEAKERS CLASSIC
Ages 50 and older
This class focuses on strengthening muscles and increasing the range of movement for daily life activities. Participants can use hand-held weights, elastic tubing with handles and a SilverSneakers ball. A chair is used for seated exercises and standing support.
- Monday, 9:30-10:30 a.m.

CARDIO REMIX
Ages 16 and older
Get ready for a 60-minute calorie-torching, music-pumping, sweat-infused Remixed Cardio workout, designed to burn fat and leave you feeling energized. You’ll work up a sweat, tone your body and increase your stamina with a variety of moderate to high-intensity movements. You’ll also feel those muscles burn with an added dash of strength training mixed in.
- Tuesday/Thursday, 5:30-6:30 p.m.

SILVERSNEAKERS CIRCUIT
Ages 50 and older
Combine fun with fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work with hand-held weights, elastic tubing with handles and a SilverSneakers ball is alternated with non-impact aerobics choreography. Often a chair is used for seated exercises or standing support.
- Wednesday, 9:30-10:30 a.m.

SILVERSNEAKERS CARDIO FIT
Ages 50 and older
Get up and go to a safe and heart-healthy aerobics class. This workout consists of low-impact choreographed movements to tone and sculpt your body and improve strength, balance and core.
- Friday, 9:30-10:30 a.m.

SPIN
Ages 16 and older
Indoor cycling provides a fun and challenging cardiovascular workout for all ages and fitness levels. Experience a full ride of hills, sprints and endurance intervals with energizing music.
- Monday/Wednesday, 5:30-6:30 p.m.

TAI CHI FOR BETTER BALANCE
Ages 16 and older
Improve range of motion and balance with circular movement patterns that are repeated with a focus on grace, balance and controlled breathing.
- Tuesday/Thursday, 11:30 a.m.-12:30 p.m.

CENTRAL RECREATION CENTER DROP-IN CLASSES

Drop-in classes included with membership.

RHYTHMIC CYCLE
Ages 16 and older
The instructor will guide participants through workout phases that include warm-up, steady up-tempo cadences, sprints, climbs and cool down. Participants control the resistance of the bicycle, and thus the challenge. Great energy and fabulous music. Cycle shoes and tennis shoes are acceptable.
- Monday, 10:45-11:45 a.m.
- Wednesday, 6:45-7:45 p.m.
- Saturday, 9:45-10:45 a.m.

INTRODUCTION TO TRANSFORMATIONAL FUSION BELLY DANCE
Ages 16 and older
Find self-love and release while blending different sounds and dance styles with the ancient art of Belly Dance. There will be choreographies and combinations that are inspired by fantasy recreations of cabaret, folk and ATS-style Belly Dance with moves from Hip Hop, Jazz, Flamenco and contemporary styles. Come connect to your strength, love your body and get creative.
- Monday, 7:15-8:15 p.m.
BARRE+ Ages 16 and older
Don’t worry, you don’t need to wear a tutu! This is a fun hybrid class, a mixture of Barre fitness and Pilates, which improves balance and flexibility. In this class, you’ll burn calories and build lean muscle without high-impact movements.

YOGA FLOW
Ages 16 and older
Yoga Flow incorporates foundational yoga postures in a flowing style, connecting your breath to your movement. With emphasis on proper alignment, you will move mindfully while building strength, balance and flexibility on the yoga mat. Open to all levels, with modifications provided when necessary.

- Wednesday, 9-10 a.m.

XTREME HIP-HOP with KEYTA
All ages
In this class we combine cardio, the step board and clean hip-hop and R&B music to make sure you have a blast while getting fit. The classes are designed to accommodate all fitness levels, from beginners taking their first steps onto the platform to advanced enthusiasts looking for a high-energy challenge. Take part in choreographed routines that keep you engaged, motivated and eager to come back for more.

- Tuesday, 3-4 p.m.
- Thursday, 5-6 p.m.

ZUMBA GOLD
Ages 50 and older
All the fun of ZUMBA in an easy-to-follow format lasting 45-50 minutes. This class will focus on coordination and balance as well as range of motion. Come ready to sweat and prepare to leave HAPPY!

- Wednesday, 9-10 a.m.

CHAIR YOGA
Ages 16 and older
Get ready to move through a complete series of seated and standing yoga poses. Chair support is offered so you can perform a variety of seated and standing postures designed to increase flexibility, balance and range of movement.

- Tuesday/Thursday, 10:15-11:15 a.m.
- Thursday, 6:15-7:15 p.m.

BARRELL BLAST
Ages 16 and older
Focusing on barbells and free weights, this class will challenge your strength while elevating your cardiovascular fitness. This class will hit the upper body, lower body and core.

- Tuesday, 6:15-7:15 p.m.

Central Recreation Center Specialty Fitness Classes

YOGA FLOW
Ages 16 and older
Yoga Flow incorporates foundational yoga postures in a flowing style, connecting your breath to your movement. With emphasis on proper alignment, you will move mindfully while building strength, balance and flexibility on the yoga mat. Open to all levels, with modifications provided when necessary.

- Wednesday, 9-10 a.m.

BOOCTAMP
Ages 16 and older
Full body workout with a mix of exercises. This motivational class will challenge you to increase your intensity and level of fitness. You will tighten, tone and build strength and endurance.

- Thursday, 6:15-7:15 p.m.

SILVERSNEAKERS CIRCUIT
Age 50 and older
Move to the music through a variety of exercises designed to increase muscular strength, range of movement and activities for daily living. Weights, resistance bands and a SilverSneakers ball and chair are used.

- Friday, 9-10 a.m.

ZUMBA
Ages 16 and older
Fun and full-body cardio and core workout experience that tones muscles and improves balance. Empowers and energizes you using simple dance steps.

- Wednesday, 10-11 a.m.
- Saturday, 10-11 a.m.
- Monday, 6-7 p.m.

MAT PILATES
Ages 16 and older
Total body conditioning exercises that combine flexibility and strength to improve posture, develop mind/body uniformity and provide balance and focus on strengthening the core.

- Monday, 9-10 a.m.
- Tuesday, 9-10 a.m.

BARRE+ Ages 16 and older
Don’t worry, you don’t need to wear a tutu! This is a fun hybrid class, a mixture of Barre fitness and Pilates, which improves balance and flexibility. In this class, you’ll burn calories and build lean muscle without high-impact movements.

- Monday, 9-10 a.m.
- Tuesday, 9-10 a.m.

MAT PILATES
Ages 16 and older
Total body conditioning exercises that combine flexibility and strength to improve posture, develop mind/body uniformity and provide balance and focus on strengthening the core.

- Monday, 9-10 a.m.
- Tuesday, 9-10 a.m.
Southeast Recreation Center Drop-In Classes

**Drop-in classes included with membership**

**SILVERNEAKERS CLASSIC**
Ages 50 and older
This class focuses on strengthening muscles and increasing the range of movement for daily life activities. Participants can use handheld weights, elastic tubing with handles and a Silver Sneakers ball. Often a chair is used for seated exercises or standing support.
- Monday/Wednesday, 1:30-2:30 p.m.

**BOOTCAMP**
Ages 16 and older
Full body workout with a mix of exercises. This motivational class will challenge you to increase your intensity and level of fitness. You will tighten, tone and build strength and endurance.
- Monday, 6-7 p.m.

**HIGH FITNESS**
Ages 16 and older
High Fitness is a HIIT aerobic class for any age and fitness level. Think old-school aerobics transformed into modern, heart-pounding fun. Each track alternates high-intensity movement combined with moderate active recovery, which makes it a highly effective workout. Classes are fun, with easy-to-follow choreography and fabulous music. High Fitness is a full-body workout using zero equipment that will improve your endurance, stamina and strength.
- Tuesday/Thursday, 6-7 a.m.

**LUNCH EXPRESS BOOTCAMP**
Ages 16 and older
This 45-minute express class focuses on high intensity interval training. It is a total body workout meant to get that heart rate up and muscles firing.
- Tuesday, noon-12:45 p.m.

**BELLY DANCE (TRANSNATIONAL FUSION AND CLASSICAL PERSIAN)**
Ages 16 and older
Find self-love and release while blending different sounds and dance styles with the ancient art of Belly Dance. There will be choreographies and combinations that are inspired by fantasy recreations of cabaret, folk and ATS-style Belly Dance with moves from Hip Hop, Jazz, Flamenco and contemporary styles. Come connect to your strength, love your body and get creative.
- Tuesday, 7:15-8:15 p.m.

**WERQ HIP HOP**
Ages 16 and older
WERQ is a fiercely fun dance fitness class based on pop, rock and hip-hop music. The warm-up previews the dance steps in class, followed by heart rate rising, pre-choreographed dances and a cool-down that combines yoga-inspired static stretching and balance poses. Come enjoy some heart-happy cardio!
- Wednesday, 8:30-9 a.m.

**CHAIR YOGA**
Ages 16 and older
Get ready to move through a complete series of seated and standing yoga poses. Chair support is offered so you can perform a variety of postures designed to increase flexibility, balance and range of motion.
- Wednesday, 10-11 a.m.

**REBEL STRENGTH**
Ages 16 and older
REBEL STRENGTH is choreographed toning routines set to powerful music. It creates sculpted bodies and builds physical strength using body weight and minimal equipment. Break out of your boring gym routine. Strong is sexy... redefined.
- Wednesday, 11:15 a.m.-12:15 p.m.
- Friday, 11:15-12:15 p.m.

**REBEL COMBO**
Ages 16 and older
Fusion of REBEL Groove and REBEL strength for a total body burn and tone workout. It creates sculpted bodies and builds physical strength using body weight and minimal equipment.
- Wednesday, 6:15-7:45 p.m.

**ZUMBA GOLD**
Ages 50 and older
All the fun of ZUMBA in an easy-to-follow format lasting 45-50 minutes. This class will focus on coordinative balance as well as range of motion. Come ready to sweat and prepare to leave HAPPY!
- Friday, 12:15-1:15 p.m.

**TRX AND KETTLEBELL TRAINING**
Ages 16 and older
Using TRX suspension trainers and Kettlebells, this class will challenge your strength and cardiovascular fitness levels. You will learn proper form and technique through a full body routine to elevate your body to the next fitness level.
- 75051 Dec. 1-29* 75052 Jan. 5-26 75053 Feb. 2-23 75054 Feb. 9-10 a.m. $25 ($20 Resident) $31 ($25 Resident)*

**FLOW AND YIN YOGA**
Ages 16 and older
This class starts with a flowing style of foundational yoga postures and then transitions into a yin style of holding postures to target connective tissues. With emphasis on proper alignment, you will mindfully build strength, balance and flexibility.
- 74938 Dec. 7-28 74939 Jan. 4-25 74940 Feb. 1-29* 74941 March 3-31* 74942 April 6-30* $25 ($20 Resident) $31 ($25 Resident)*

**BARRE+**
Ages 16 and older
Don’t worry, you don’t need to wear a tutu! This is a fun hybrid class, a mixture of Barre fitness and Pilates, which improves strength, balance and flexibility. In this class, you will burn calories and build lean muscle without high-impact movements.
- 74912 Dec. 7-28 74913 Jan. 4-25 74914 Feb. 1-29* 74915 March 3-31* 74916 April 6-30* $25 ($20 Resident) $31 ($25 Resident)*

**FLOW AND YIN YOGA**
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Using TRX suspension trainers and Kettlebells, this class will challenge your strength and cardiovascular fitness levels. You will learn proper form and technique through a full body routine to elevate your body to the next fitness level.
- 75051 Dec. 1-29* 75052 Jan. 5-26 75053 Feb. 2-23 75054 Feb. 9-10 a.m. $25 ($20 Resident) $31 ($25 Resident)*

**ZUMBA**
Ages 16 and older
Fun and full-body cardio and core workout experience that tones muscles and improves balance. Empowers and energizes you using simple dance steps.

**MAT PILATES**
Ages 16 and older
Total body conditioning exercises that combine flexibility and strength to improve posture, develop mind/body uniformity and provide balance and focus on strengthening the core.
- 74938 Dec. 7-28 74939 Jan. 4-25 74940 Feb. 1-29* 74941 Feb. 8-29* 74942 March 3-31* 74943 April 6-30* $25 ($20 Resident) $31 ($25 Resident)*

Southeast Recreation Center Specialty Fitness Classes

**FUSION VOCAL TONE**
Ages 16 and older
This class is great for beginners and those on proper alignment, you will mindfully build strength, balance and flexibility.
- 74938 Dec. 7-28 74939 Jan. 4-25 74940 Feb. 1-29* 74941 March 3-31* 74942 April 6-30* $25 ($20 Resident) $31 ($25 Resident)*

**MAT PILATES**
Ages 16 and older
Total body conditioning exercises that combine flexibility and strength to improve posture, develop mind/body uniformity and provide balance and focus on strengthening the core.
- 74938 Dec. 7-28 74939 Jan. 4-25 74940 Feb. 1-29* 74941 Feb. 8-29* 74942 March 3-31* 74943 April 6-30* $25 ($20 Resident) $31 ($25 Resident)*

**BREATHWORK**
Ages 16 and older
Students will be guided to link breath with movement in a natural, meditative pace. This class is great for beginners and those on proper alignment, you will mindfully build strength, balance and flexibility.
- 74938 Dec. 7-28 74939 Jan. 4-25 74940 Feb. 1-29* 74941 March 3-31* 74942 April 6-30* $25 ($20 Resident) $31 ($25 Resident)*

**MAT PILATES**
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**MAT PILATES**
Ages 16 and older
Total body conditioning exercises that combine flexibility and strength to improve posture, develop mind/body uniformity and provide balance and focus on strengthening the core.
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Martial Arts

KOREAN MARTIAL ARTS
Ages 5 and older
Join our martial arts program that offers a unique and comprehensive training experience. Our program is designed by two renowned grandmasters, with decades of combined experience. We have developed a curriculum that emphasizes physical fitness, mental discipline and practical self-defense skills. Whether you are a beginner or an experienced practitioner, you will find a challenging and rewarding training experience that will help you achieve your goals and reach your full potential. Join us today and discover the benefits of training with the best!

74558 Dec. 2-20*
74560 Jan. 3-31
74562 Feb. 3-28
- Monday/Wednesday, 5:30-6:30 p.m.
- Saturday, 10:30-11:30 a.m.
- $125 ($100 Resident)*
- $163 ($130 Resident)
- Southwest Recreation Center

74559 Dec. 5-19*
74557 Jan. 4-30
74561 Feb. 6-29
- Tuesday/Thursday, 4:45-5:45 p.m.
- Saturday, 12:30-1:30 p.m.
- $109 ($109 Resident)*
- $163 ($130 Resident)
- Central Recreation Center

TAEKWONDO AT BECK
Ages 2½-17
This popular Korean martial art form is a blend of punches, fighting movement and spinning kicks. All classes are taught in small groups to maximize learning and to provide more individual attention. Protective gear will be required for all sparring activities. Students are encouraged to go at their own pace and are progressed to higher levels as skills are mastered. Uniforms are optional and are available for purchase. Belt testing is optional and requires additional fees.

AGES 2-6 (BEGINNER)
72954 Dec. 4-19
72955 Jan. 8-29 (No class Jan. 15)**
72956 Feb. 5-26 (No class Feb. 19)**
- Monday, 5:15-5:45 p.m.
- $23 ($18 Resident)**
- $30 ($24 Resident)
- $38 ($30 Resident)**

AGES 7-17 (ALL LEVELS)
72990 Dec. 4-19
73006 Jan. 8-29 (No class Jan. 15)**
73012 Feb. 5-26 (No class Feb. 19)**
- Monday, 5:45-6:45 p.m.
- $106 ($85 Resident)

GRACIE JUJITSU WOMEN EMPOWERED
Ages 12 and older
A comprehensive self-defense program that is based on the use of verbal, physical and psychological defense strategies which have been tested and proven effective for over 20 years. Women will gain confidence and strength to protect themselves as they develop a social network of friends during the same.

75042 Dec. 5-19
75041 Jan. 2-30
75043 Feb. 6-27
- Tuesday, 7:15-8:15 p.m.
- $106 ($85 Resident)
- Southeast Recreation Center

Great Golf Gift Ideas for This Holiday Season!

Golf Gift Cards
Easy and convenient! Any dollar amount, good for green fees, carts, merchandise, range tokens and rental clubs.

Premier Cards
Use for green fees, carts, rentals and range tokens. Transferable, available to residents and non-residents and never expires!

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*Junior Premier Card, ages 17 and younger.

Lesson packages are available. Premier and gift cards are redeemable at all five Aurora golf courses.

Aurora Hills | 50 S. Peoria St - 303.739.1550
Meadow Hills | 3609 S. Dawson St - 303.326.8450
Murphy Creek | 1700 S. Old Tom Morris Road - 303.739.1560
Saddle Rock | 27705 E. Arapahoe Road - 303.326.8460
Springhill | 800 N. Telluride St - 303.739.6854 (Executive 18)

AURORA GOLF OFFICE
15151 E. Alameda Parkway - GolfAurora.com - 303.739.7888
HUNTER SAFETY
Ages 10 and older
Are you ready to go hunting in the great outdoors? You will be after you take this course. Hunter Education cards will be awarded to students upon successfully completing the course, including attending all class sessions and passing a written test and a live-fire exercise. No firearms or live ammunition will be allowed in the classroom. Firearms and ammunition will be provided by instructors for the live-fire exercise. (Students ages 10-12 must have an adult accompany them to all classes.) Students must register BOTH with the city of Aurora AND Colorado Parks and Wildlife (CPW).
CPW—visit the Hunter Education registration page at register-ed.com/programs/colorado/98-colorado-hunter-education-course
- Use your ZIP code to search for the Aurora Center for Active Adults class.
- To enroll, click on Register Now and input student information.
- Each student must print the Student Consent form, fill it out and bring it to the first class.
The live-fire exercise will be held at The Firing Line, 20 S Potomac St., on the last night of class. Please plan transportation accordingly.
76033 Dec. 7
76034 Dec. 14
76035 Dec. 21
76036 Dec. 28
76037 Jan. 4
76038 Jan. 11
76040 Jan. 18
76042 Jan. 25
76043 Feb. 1
76044 Feb. 8
76046 Feb. 15
76048 Feb. 22
76049 Feb. 29
- $10
- Aurora Center for Active Adults
- Registration deadline is 24 hours before the first-class session starts. Register with the city of Aurora either online (cityofaurora.perfectmind.com) or with any recreation center.

STAR K KIDS
Ages 5 and younger
Discover Aurora’s true nature through puppets, interactive activities and discovery time on the trail. Registration required.
76033 Dec. 7
76034 Dec. 14
76035 Dec. 21
76036 Dec. 28
76037 Jan. 4
76038 Jan. 11
76040 Jan. 18
76042 Jan. 25
76043 Feb. 1
76044 Feb. 8
76046 Feb. 15
76048 Feb. 22
76049 Feb. 29
- Thursday, 9:30-10:30 a.m.

JUNIOR NATURALISTS
Ages 6-12 years
Join us for a fun, educational and hands-on experience in the outdoors as we gain new skills and learn about the natural environments found in Aurora.
Grossology: The Nasty-But-Cool Side of Nature
What oozes, leaks, molds and mutates? Some of the coolest things in nature: All the gross stuff! Learn about how hip it is to be gross. Have fun and get a little messy exploring the nasty side of nature through activities and experiments.
75461 Dec. 16
- Saturday, 1-3 p.m.
- $2/per person
Living the Lab Life
 Doing science in the field can sometimes be limited by the elements. That is why a good laboratory is an important place for scientific investigation. Learn lab rules and protocols, get experience with laboratory instruments and even design and conduct an experiment.
75478 Jan. 20
- Saturday, 1-3 p.m.
- $2/per person
Wild at Heart
Though Valentine’s Day might be for people, you can still showcase your love of Aurora’s wildlife and learn about how winter’s chill can’t put a damper on wildlife’s survival skills. See how different animals have adapted to find mates through special courtship dances, calls and much more to help their species survive.
75487 Feb. 17
- Saturday, 1-3 p.m.
- $2/per person
**HOMESCHOOL ADVENTURES**

**Ages 6-18 years**

Join us for a fun, educational and hands-on experience in the outdoors.

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**Winter in the Cottonwoods**

Designed for multiple ages, this homeschool-specific program leads us into nature to discover what happens in the cottonwood forest during winter through an information session, interactive activities and discovery time on the trail.

- **$2/per person**
- **Wednesday, 10 a.m.-noon**

**The Science of Seasons**

Designed for multiple ages, this homeschool-specific program leads us into nature to discover how seasons work and change in Aurora through an information session, interactive activities and discovery time on the trail.

- **Jan 17**
  - **Wednesday, 10 a.m.-noon**
  - **$2/per person**

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**Nature’s Valentines**

Designed for multiple ages, this homeschool-specific program leads us into nature to discover which animals at Star K Ranch are preparing to raise a family through an information session, interactive activities and discovery time on the trail.

- **Feb 14**
  - **Sunday, 8-10 a.m.**
  - **$15/per person for all three sessions**

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**NATURE AT NIGHT: FAMILY EVENING OF WINTER CRAFTS**

**Ages 6 and older**

Welcome Aurora’s winter with a family evening of craft-making at the cozy Morrison Nature Center. Make a variety of nature crafts and create memories while we celebrate the winter season.

- **76068 Dec. 10**
  - **Sunday, 4:30-6 p.m.**
  - **$5/per person**

**WINTER BREAK NATURE CAMP**

**Ages 6-12 years**

Spend winter break exploring the wetlands and cottonwood forests of Star K Ranch! Get your hands dirty with nature activities, learn about cold weather, wildlife migration, hibernation and more while exploring the trails. Snowy weather activities if weather permits.

- **76072 Dec. 27, 28, 29**
  - **Wednesday/Thursday/Friday, 9 a.m.-noon**
  - **$45/per person for all 3 days**

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**UNIQUE PROGRAMS: WINTER RAPTORS 101**

**Ages 8 and older**

Discover which birds of prey spend winters in Aurora and how to identify them through this interactive presentation, followed by a hike to look for raptors.

- **76079 Jan. 21**
  - **Sunday, 10:30 a.m.-noon**
  - **$2/per person**

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**UNIQUE PROGRAMS: WHAT IN MARMOT-COUSINS AND WEATHER FORECASTING CRITTERS**

**Ages 6 and older**

Though Punxsutawney Phil might have already made his forecast out East, Colorado has its own furry groundhog cousin, the western marmot. Join us as we learn about marmots and other Colorado ground-dwelling rodents and hear tales of other weather forecasting critters.

- **76080 Feb. 1**
  - **Thursday, 1:30-3 p.m.**
  - **$2/per person**

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**NATURE AT NIGHT: WINTER EVENING NATURE WALK**

**All ages**

Explore the cottonwood forest of Star K Ranch during winter twilight, see what wildlife is out and about and learn how nature copes with winter.

- **76156 Jan. 19**
  - **Friday, 5-6 p.m.**
  - **$2/per person**

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**CROCHET YOUR WAY TO NATURE: CHOOSE YOUR POCKET MONSTER**

**Ages 8 and older**

The power of nature is harnessed in the elements. Water, fire and more are all seen in this world’s plants and animals and spark ideas for gaming and anime’s pocket monsters. Which one would you choose? Learn to crochet or build on previous knowledge as we learn about the natural elements that inspire our pop culture world. This is a three-part series program.

- **76069 Feb. 4, 11, 18**
  - **Sunday, 1-3 p.m.**
  - **$15/per person for all three sessions**

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**ART IN NATURE: NATURE GREETING CARDS**

**All ages**

Tap into your creativity and enjoy the scenery at Star K Ranch! Observe the beauty of nature and learn about the flora, fauna and landscapes while we make nature-inspired greeting cards and stationery to send to your pen pals.

- **76082 Feb. 4**
  - **Sunday, 1-3 p.m.**
  - **$5/per person**

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**MORNING BIRD WALK AT STAR K RANCH**

**Ages 8 and older**

From blue jays to bald eagles, a morning bird walk never disappoints. Join us as we search for avian species big and small on a leisurely walk-through Star K Ranch open space.

- **76083 Feb. 10**
  - **Saturday, 8-10 a.m.**

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**NATURE AT NIGHT: VALENTINE’S DAY NATURE WALK**

**All ages**

Join us for an evening walk in nature with your sweetheart, family or whoever you consider your Valentine, including yourself! Sweetheart, family or whoever you consider your Valentine, including yourself!

- **76157 Jan. 17**
  - **Wednesday, 10 a.m.-noon**
  - **$2/per person**

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**RANCH**

**NATURE AT NIGHT: NATURE PROGRAM: ALL ABOUT BEAVERS**

**Ages 8 and older**

Who is your favorite engineer? Naturalist Kristin’s favorite engineer is the beaver, and she invites you to join her for a short lecture on the natural history, current research and ecological importance of the American Beaver in Aurora. The indoor lecture will be followed by a 45-minute out-and-back nature walk to Sand Creek to view a beaver dam and lodge.

- **76154 Jan. 27**
  - **Saturday, 11 a.m.-12:30 p.m.**
  - **$2/per person**

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**NATURE AT NIGHT: NATURE PROGRAM: RESEARCHING THE ELEMENTS**

**Ages 8 and older**

The power of nature is harnessed in the elements. Water, fire and more are all seen in this world’s plants and animals and spark ideas for gaming and anime’s pocket monsters. Which one would you choose? Learn to crochet or build on previous knowledge as we learn about the natural elements that inspire our pop culture world. This is a three-part series program.

- **76069 Feb. 4, 11, 18**
  - **Sunday, 1-3 p.m.**
  - **$15/per person for all three sessions**

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**NATURE AT NIGHT: VALENTINE’S DAY NATURE WALK**

**All ages**

Join us for an evening walk in nature with your sweetheart, family or whoever you consider your Valentine, including yourself!

- **76157 Jan. 17**
  - **Wednesday, 10 a.m.-noon**
  - **$2/per person**

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**NATURE AT NIGHT: WINTER EVENING NATURE WALK**

**All ages**

Explore the cottonwood forest of Star K Ranch during winter twilight, see what wildlife is out and about and learn how nature copes with winter.

- **76156 Jan. 19**
  - **Friday, 5-6 p.m.**
  - **$2/per person**

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**UNIQUE PROGRAMS: WINTER RAPTORS 101**

**Ages 8 and older**

Discover which birds of prey spend winters in Aurora and how to identify them through this interactive presentation, followed by a hike to look for raptors.

- **76079 Jan. 21**
  - **Sunday, 10:30 a.m.-noon**
  - **$2/per person**

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**UNIQUE PROGRAMS: THE BEST DAM NATURE PROGRAM: ALL ABOUT BEAVERS**

**Ages 8 and older**

Who is your favorite engineer? Naturalist Kristin’s favorite engineer is the beaver, and she invites you to join her for a short lecture on the natural history, current research and ecological importance of the American Beaver in Aurora. The indoor lecture will be followed by a 45-minute out-and-back nature walk to Sand Creek to view a beaver dam and lodge.

- **76154 Jan. 27**
  - **Saturday, 11 a.m.-12:30 p.m.**
  - **$2/per person**

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**UNIQUE PROGRAMS: WHAT IN MARMOT-COUSINS AND WEATHER FORECASTING CRITTERS**

**Ages 6 and older**

Though Punxsutawney Phil might have already made his forecast out East, Colorado has its own furry groundhog cousin, the western marmot. Join us as we learn about marmots and other Colorado ground-dwelling rodents and hear tales of other weather forecasting critters.

- **76080 Feb. 1**
  - **Thursday, 1:30-3 p.m.**
  - **$2/per person**

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**UNIQUE PROGRAMS: COLORFUL NATURE: A BEGINNER’S GUIDE TO NATURAL DYE MAKING**

**Ages 10 and older**

Nature is full of the colors of the rainbow! Join us for an afternoon of learning how to take things found in nature and turn them into vibrant inks and dyes.

- **76084 Feb. 4, 11, 18**
  - **Sunday, 1-3 p.m.**
  - **$15/per person for all three sessions**
Senac Creek Nature Center at Aurora Reservoir

While attending programs at Senac Creek Nature Center, reservoir entry is free for the time of the program.

LITTLE NATURALISTS
Ages 5 and younger
Discover Aurora’s true nature through puppets, interactive activities and discovery time on the trails at Aurora Reservoir. Registration required.

76147 Dec. 1
76148 Dec. 15
76149 Dec. 29
76150 Jan. 5
76151 Jan. 19
76152 Feb. 2
76153 Feb. 16
- Friday, 9:30-10:30 a.m.

CROCHET YOUR WAY TO NATURE: WAVES FOR YOUR NECK
Ages 5 and older
Sometimes creative inspiration flows to us like water. Other times, inspiration is based on water’s flow. Like water, we’ll be making waves to keep our necks warm this winter. Learn how to crochet or build upon existing knowledge with the end goal of making a crochet scarf. This is a three-part series program.

76089 Jan. 13, 20, 27
- Saturday, 1-3 p.m.
- $15 per person for all 3 sessions

ART IN NATURE: ICE ART
All Ages
Tap into your creativity and unwind by the water at Aurora Reservoir! Observe the beauty of nature and learn about the flora, fauna and landscapes while we chill and get creative with making temporary ice art. Come check it out before it melts!

76067 Jan. 7
- Sunday, 1-3 p.m.
- $5 per person

SENEN SCIENTISTS
Ages 6-12 years

Winter Nature Crafts
Get your crafting skills down to an exact science! Make different crafts to celebrate the winter season.

76141 Dec. 2
- Saturday, 10:30 a.m.-noon
- $2 per person

What’s the Tea on Tea?
It is the daring drink that changed the world! Tea is such a wondrous concoction! But what makes tea, tea? Join us for the tea and a party to learn about these leaves. Fancy dress and stuffie are encouraged.

76149 Dec. 2
- Saturday, 9-3 p.m.
- $5 per person

ART IN NATURE: WINTER WREATHS
All Ages
Tap into your creativity and unwind by the water at Aurora Reservoir! Observe the beauty of nature and learn about the flora, fauna and landscapes of the reservoir. Make a festive seasonal wreath to take home to brighten up your space and stave off the winter doldrums.

76088 Dec. 17
- Sunday, 1-3 p.m.
- $5 per person

FEED THE BIRDS
It’s not only a “Mary Poppins” song, but also a way to help our feather friends survive the winter. We’ll be making various bird treats. Please note if you have any allergies.

76146 Feb. 3
- Saturday, 10:30 a.m.-noon
- $2 per person

ART IN NATURE: WINTER RAPTORS 101
All Ages
Discover what raptors spend time in Aurora in the winter and how they survive, then join us for a hike at Aurora Reservoir to look for raptors.

76158 Jan. 23
- Tuesday, 10-11:30 a.m.
- $2 per person

OLD IRON WALKS
Ages 12 and older
It was only a century ago that survival meant families had to grow most of their own food. Join us for a guided journey along an antique farm equipment timeline to learn about farming on the plains in the late 1800’s.

76150 Feb. 2
- Saturday, 9-10:30 a.m.
- $10 per person (no charge for children under 2)

WINTER SOLSTICE CAMPFIRE CELEBRATION
Ages 5 and older
Celebrate the shortest day of the year with a sunset walk on the prairie! After enjoying the crisp winter air, cozy up by the fire to hear solstice stories and folklore. Enjoy roasted marshmallows and hot beverages while learning about the true background behind the dawn of winter.

76155 Feb. 17
- Thursday, 6-7 p.m.
- $5 per person

SUNRISE SOLSTICE WALK
Ages 16 and older
Immerse yourself in the beauty and history of high plains shortgrass prairie through a guided nature hike along the rolling trails of the Plains Conservation Center. Relax, catch some breathtaking views, and learn all about the resident flora and fauna. Snowshoeing is available, weather permitting.

76157 Feb. 11
- Sunday, 9-10:30 a.m.
- $5 per person

SPECIAL EVENT SANTA WAGON RIDES
All ages
Join us for a wagon ride on the prairie with the big man in red himself! Hear stories, enjoy cocoa and treats and ask anything of Santa you’ve ever wanted to know, he may just let you in on some of his secrets!

76158 Dec. 2
- Saturday, 9-10 a.m.
- $5 per person

CONSERVATION PHOTOGRAPHY: STUDIES OF AURORA’S WILDLIFE
Ages 12 and older
Hear the captivating stories of photographing wildlife in Aurora by conservation photographer Victoria Samuel. You’ll be captivated by her experiences getting those perfect shots and why it’s important to practice ethics while shooting.

76159 Jan. 14
- Thursday, 6-7 p.m.
- $5 per person

WINTER RAPTORS 101
Ages 8 and older
Discover what raptors spend time in Aurora in the winter and how they survive, then join us for a hike at Aurora Reservoir to look for raptors.

76158 Jan. 23
- Tuesday, 10-11:30 a.m.
- $2 per person

OLD IRON WALKS
Ages 12 and older
It was only a century ago that survival meant families had to grow most of their own food. Join us for a guided journey along an antique farm equipment timeline to learn about farming on the plains in the late 1800’s.

76155 Feb. 2
- Saturday, 9-10:30 a.m.
- $10 per person (no charge for children under 2)

WINTER SOLSTICE CAMPFIRE CELEBRATION
Ages 5 and older
Celebrate the shortest day of the year with a sunset walk on the prairie! After enjoying the crisp winter air, cozy up by the fire to hear solstice stories and folklore. Enjoy roasted marshmallows and hot beverages while learning about the true background behind the dawn of winter.

76155 Feb. 17
- Thursday, 6-7 p.m.
- $5 per person

BALT EAGLE WATCH TRAINING
Ages 16 and older
Aurora’s open space and natural resources is working with the Bird Conservancy of the Rockies to collect data on nesting bald eagles, and we need volunteer help!

76155 Feb. 3
- Saturday, 1-3:30 p.m. for new volunteers, 2-3:30 p.m. for returning volunteers
- Registration is on AuroraGov.org/OSNVolunteers

Registration for this event is required and multiple dates and times are available each day.

TO REGISTER:
Senac Creek Nature Center
761-59-50-77
www.SenacCreekNature.com

For returning volunteers
- Saturday, 1-3:30 p.m. for new volunteers, 2-3:30 p.m. for returning volunteers

For new volunteers
- Thursday, 6-7 p.m.

Senac Creek Nature Center
761-59-50-77
www.SenacCreekNature.com

To register for programs happening at the Plains Conservation Center, please go to:
AuroraGov.org/NaturePrograms and select the Plains Conservation Center.

Plains Conservation Center

To register for programs happening at the Plains Conservation Center, please go to:
AuroraGov.org/NaturePrograms and select the Plains Conservation Center.

CONSERVATION PHOTOGRAPHY: STUDIES OF AURORA’S WILDLIFE
Ages 12 and older
Hear the captivating stories of photographing wildlife in Aurora by conservation photographer Victoria Samuel. You’ll be captivated by her experiences getting those perfect shots and why it’s important to practice ethics while shooting.

Dec. 28
- Saturday, 6-7:30 p.m.
- $5 per person

SUNDAY MORNING STROLL
All Ages
Immerse yourself in the beauty and history of high plains shortgrass prairie through a guided nature hike along the rolling trails of the Plains Conservation Center. Relax, catch some breathtaking views, and learn all about the resident flora and fauna. Snowshoeing is available, weather permitting.

Jan. 14
- Thursday, 6-7:30 p.m.
- $5 per person

BALD EAGLE WATCH TRAINING
Ages 16 and older
Aurora’s open space and natural resources is working with the Bird Conservancy of the Rockies to collect data on nesting bald eagles, and we need volunteer help!

Feb. 3
- Saturday, 1-3:30 p.m. for new volunteers, 2-3:30 p.m. for returning volunteers
- Registration is on AuroraGov.org/OSNVolunteers

Open Space

MORNING BIRD WALK AT COAL CREEK ARENA
Ages 8 and older
From blue jays to bald eagles, a morning bird walk never disappoints. Join us as we search for avian species big and small on a leisurely walk around Coal Creek Arena and Riparian Area.
76084 Dec. 9
- Saturday, 8-10 a.m.
- Coal Creek Arena

HOLIDAY HABITAT CLEAN-UP
All ages
Give back to nature this holiday season by giving one of the best gifts to the land that houses us, removing trash that pollutes our natural areas. Cleaning up our open spaces and waterways is essential for healthy communities, water and environments. Registration is onAuroraGov.org/OSNRVolunteers
Dec. 16
- Saturday, 1-3 p.m.
- Registration is on AuroraGov.org/OSNRVolunteers

SCFD FREE DAY AT THE PLAINS CONSERVATION CENTER
All ages
Join us for wagon rides on the prairie to see resident wildlife, tours of the 1880’s homestead village and tipi camp and presentations by HawkQuest with live eagles, owls, falcons and more!
Dec. 7
- Thursday, 10 a.m.-3 p.m., HawkQuest presentation at 11 a.m.
Jan. 18
- Thursday, 10 a.m.-3 p.m.
Feb. 22
- Thursday, 10 a.m.-3 p.m.

FULL MOON HIKE
Ages 8 and older
Cold Moon @ PCC
Discover Aurora’s true nature under the light of the December Cold Moon and learn a little about its history through this guided nature hike.
Dec. 26
- Tuesday, 4-5 p.m.
- $5/per person

Wolf Moon @ PCC
Discover Aurora’s true nature under the light of January’s Wolf Moon and learn a little about its history through this guided nature hike.
Jan. 25
- Thursday, 4:45-5:45 p.m.
- $5/per person

Snow Moon @ PCC
Discover Aurora’s true nature under the light of the February Snow Moon and learn a little about its history through this guided nature hike.
Feb. 24
- Saturday, 5:45-6:45 p.m.
- $5/per person

MORNING BIRD WALK AT SAND CREEK PARK
Ages 8 and older
From blue jays to bald eagles, a morning bird walk never disappoints. Join us as we search for avian species big and small on a leisurely walk around Sand Creek Park.
76085 Jan. 13
- Saturday, 8-10 a.m.
- Sand Creek Park

Nature Program Collaborations: Aurora’s Center for Active Adults
The ACAA is a thriving community center for active adults ages 18+.

COEXISTING WITH COYOTES
Ages 50 and older
Coyotes are unique animals who have adapted to living among humans quite successfully. Join a city of Aurora Naturalist to learn about the history of coyotes, their presence in the west and the important role they play in our ecosystems.
74841 Dec. 5
- Tuesday, 1-2 p.m.
- $2
- Aurora Center for Active Adults

BIRD FEEDERS 101
Ages 50 and older
Looking for a way to brighten the dreary days of winter? Backyard bird feeders can often bring color, drama, action, song, familiar faces and feathers. Discover bird feeder basics and best practices, increase awareness of winter bird survival and determine which species find habitat in Aurora.
74844 Jan. 9
- Tuesday, 1-2 p.m.
- $2
- Aurora Center for Active Adults

Bald Eagles of Aurora
Ages 50 and older
Aurora’s Open Spaces are home to many mating pairs of Bald Eagles. Join a city of Aurora naturalist as we learn the facts about the impacts of DDT, their conservation success story and the role these large raptors play in Aurora ecosystems today.
74845 Feb. 6
- Tuesday, 1-2 p.m.
- $2
- Aurora Center for Active Adults

STAR PARTY AT THE PLAINS CONSERVATION CENTER
All ages
Join us for an evening of telescopes and s’mores! Volunteer astronomers from the Denver Astronomical Society will have telescopes set up for participants to mingle through and learn about the objects in the night sky. Attend a presentation, do an astronomy activity or craft, while enjoying a hot beverage and s’mores.
Feb. 9
- Friday, 5-7 p.m.
- $8/per person

MORNING BIRD WALK AT COAL CREEK ARENA
Ages 8 and older
From blue jays to bald eagles, a morning bird walk never disappoints. Join us as we search for avian species big and small on a leisurely walk around Coal Creek Arena and Riparian Area.
76084 Dec. 9
- Saturday, 8-10 a.m.
- Coal Creek Arena
Adult Sports

The city of Aurora offers the following adult team sports for players 16 and older looking to stay active, compete and socialize in a structured environment. Adult leagues feature officiated contests between teams of similar abilities in various categories by sport. Players may register a team or sign up as an individual on one of the free-agent offerings and teams will be formed.

- Adult Volleyball: women’s and coed divisions at the B/BB or Rec level
- Adult Softball: men’s and coed divisions at the D, E or Rec level.
- Adult Kickball: coed divisions at the Rec level.

Fees, dates and locations may vary with each season; please check online at auroragov.org/adultsports for current offerings.

**SOUTHEAST RECREATION CENTER FIELDHOUSE**

AuroraGov.org/SoutheastFieldhouse

**ADULT INDOOR SOCCER LEAGUES – WINTER II**

Playing in our adult indoor soccer program is a great way for adults to have fun, stay active and connect with others who share a love for the game. You'll get to compete in a friendly and supportive environment and have some fun.

**Coed Adult Indoor Soccer**

75155 Jan. 9-Feb. 27
- Tuesday, 6-10 p.m.
- $650 (Team Registration Fee)
75183 Jan. 9-Feb. 27
- Tuesday, 6-10 p.m.
- $65 (Individual Registration Fee)

**Coed 30+ Adult Indoor Soccer**

75161 Jan. 10-Feb. 28
- Tuesday, 6-10 p.m.
- $65 (Individual Registration Fee)

**Men’s Adult Indoor Soccer**

75153 Jan. 12-March 5
- Friday, 6-10 p.m.
- $650 (Team Registration Fee)
75185 Jan. 12-March 5
- Friday, 6-10 p.m.
- $65 (Individual Registration Fee)

**DROP-IN INDOOR COED SOFTBALL FOR ACTIVE ADULTS**

Welcome to Drop-In Indoor Coed Softball for Active Adults, where the love of the game meets the convenience of indoor play! This recreational softball program is designed for adults of all skill levels who are looking to enjoy the thrill of softball without the commitment of a full season. In this fun and social drop-in program, participants will have the opportunity to engage in friendly softball games, improve their skills and build lasting friendships. Lace-up your cleats (or sneakers) and get ready for some indoor softball fun! Modified rules are used due to the size of the indoor field.

Nov. 6-March 28
- Monday/Thursday, 9:30-11:30 a.m.
- No sessions on Nov. 23, Dec. 25, 28 or Jan. 1
- $5 drop-in fee ($4 for seniors) – military and silver sneakers discounts honored

**Central Recreation Center**

Tuesday, 8:30-10 a.m.
- Winter Session 1: Dec. 5, 12, 19
- Winter Session 2: Jan. 9, 16, 23, 30
- Winter Session 3: Feb. 6, 13, 20, 27

**Moorhead Recreation Center**

Monday, 10–11:30 a.m.
- Winter Session 1: Dec. 4, 11, 18
- Winter Session 2: Jan. 8, 15, 22, 29
- Winter Session 3: Feb. 5, 12, 19, 26

**Wednesday, 10 –11:30 a.m.**
- Winter Session 1: Dec. 6, 13, 20
- Winter Session 2: Jan. 10, 17, 24, 31
- Winter Session 3: Feb. 7, 14, 21, 28

**Southeast Recreation Center**

Sunday, 8-9:30 a.m.
- Winter Session 1: Dec. 3, 10, 17
- Winter Session 2: Jan. 7, 14, 21, 28
- Winter Session 3: Feb. 4, 11, 18, 25

**Indoor Pickleball brought to you by:**

**Beginner Indoor Pickleball Lessons**

**Adults 18 years and older**

Come join our progressive classes and learn the fundamentals of pickleball! These 90-minute sessions will help you establish a strong foundation for your progression in the sport. You will be amazed at how fast you can enhance your skills and knowledge on the court and have a blast doing it. We will have extra paddles on hand if needed.

**Session 1 $90**

**Session 2 $120**

**Session 3 $120**

**SOUTHEAST RECREATION CENTER FIELDHOUSE**

AuroraGov.org/SoutheastFieldhouse
Indoor Pickleball Lessons Beginner/Intermediate 3.0+  
Adults 18 years and older  
This clinic is ideal for individuals who have experience playing tennis or other racquet sports, as well as those who have played pickleball at least six times. It is specifically designed for players who have a basic understanding of the rules, rotation and scoring of pickleball. If you are seeking assistance with technique and strategy, this is the perfect place for you.

**Session 1**  
$90  
**Session 2**  
$120  
**Session 3**  
$120

Central Recreation Center  
**Tuesday, 10-11:30 a.m.**  
Winter Session 1: Dec. 5, 12, 19  
Winter Session 2: Jan. 9, 16, 23, 30  
Winter Session 3: Feb. 6, 13, 20, 27  
Thursday, 10-11:30 a.m.  
Winter Session 1: Dec. 7, 14, 21  
Winter Session 2: Jan. 11, 18, 25  
Winter Session 3: Feb. 8, 15, 22, 29

Moorhead Recreation Center  
**Monday, 11:30 a.m.-1 p.m.**  
Winter Session 1: Dec. 4, 11, 18  
Winter Session 2: Jan. 8, 15, 22, 29  
Winter Session 3: Feb. 5, 12, 19, 26  
Wednesday, 11:30 a.m.-1 p.m.  
Winter Session 1: Dec. 6, 13, 20  
Winter Session 2: Jan. 10, 17, 24, 31  
Winter Session 3: Feb. 7, 14, 21, 28

Indoor Pickleball Lessons Intermediate 3.0+  
Adults 18 years and older  
This session is perfect for those looking to improve their skills in just 1.5 hours. The class includes both drill and match play. This is an excellent opportunity to refine your skills and correct any errors during live gameplay. With only 12 spots available per session, this class is sure to fill up quickly.

**3.0+ Drills and Coached Matchplay**  
Winter Session 1: Dec. 6, 13, 20  
Winter Session 2: Jan. 10, 17, 24, 31  
Winter Session 3: Feb. 7, 14, 21, 28  
- Wednesday, 6:30-8 p.m.  
- Session 1 $90  
- Session 2 $120  
- Session 3 $120  
- Beck Recreation Center

Pickleball Leagues  
Our skill-based leagues guarantee fair matchups and competitive gameplay, providing an engaging Pickleball experience for players of all levels. Whether you join to make new friends, get some exercise or try something new, you’re sure to have a blast every time you step on the court. The winning team receives a credit of $50 each towards the next purchase with Advantage YOU.

**3.0+ Senior Leagues**  
50 years and older  
Dec. 3, 10, 17, Jan. 7, 14, 21, 28, Feb. 4, 11, 18, 25  
- Sunday, 9:30-11 a.m.  
- $150  
- Southeast Recreation Center

**3.0+ Adult Leagues**  
18 years and older  
Dec. 2, 9, 16, Jan. 13, 20, 27, Feb. 3,10,17, 24  
- Saturday, 8-9:30 a.m.  
- $150  
- Beck Recreation Center

YOUTH SPRING BASKETBALL  
Ages 4-13 (as of 3/1/2024)  
City of Aurora Youth Basketball is more than just a game—it’s a program designed to help your child unlock their full potential. Whether your child is a seasoned player or new to the sport, we will help them build strength, endurance and self-confidence.

Our dedicated coaches will help your child improve their concentration, discipline and strategic thinking, setting them up for success both on and off the court. Plus, the camaraderie and teamwork fostered in basketball will create lifelong friendships and unforgettable memories. No matter their skill level, we’ll provide a supportive environment that encourages growth and celebrates each individual child’s unique talents.

One practice will be held on March 9. Games will then be once a week on Saturdays for six weeks. On Saturday game days, teams will practice for 30 minutes prior to their game. Programs take place at local middle schools or recreation centers Saturdays, 8 a.m.-1 p.m.

**VOLUNTEER COACHES NEEDED!!**  
March 9-April 20

- 75852 4 and 5*  
- 75851 6 and 7*  
- 75850 9 and younger  
- 75849 11 and younger  
- 75848 13 and younger  
- $179 ($95 Resident)  
- Registration Deadline is February 26  
- NO Competitive/Clubs Teams/Divisions (all Recreational Divisions)  
- *8-foot baskets
Youth Soccer

CHALLENGER SPORTS – HOLIDAY BREAK SOCCER CAMP
The city of Aurora has partnered with Challenger Sports to offer this Holiday Soccer Camp at the Southeast Recreation Center Fieldhouse, and we hope you can join us! This is a 4-day soccer program running Tuesday-Friday. Each session is coached by a licensed and professional International Coach. The program focuses on developing the individual technical skills of each player with emphasis on ball familiarity, dribbling, individual moves, turns and tricks. The camp culminates with fun drills and games allowing the players to show their parents what they have learned.
Dec 26-29
Register at https://challenger.configio.com/ orglandingpage?org=63972

YOUTH SOCCER SKILLS AND DRILLS
Ages 4-6 (as of start date of program)
Welcome to the Youth Soccer Skills and Drills course! This dynamic and engaging program is designed for young soccer enthusiasts ages 4 to 6 who are eager to learn and improve their soccer skills. Whether your child is new to the sport or already has some experience, this course will provide a fun and educational environment for their soccer development. We are excited to embark on this soccer journey with your child, fostering their love for the game while helping them develop confidence and skilled players. Join us for an unforgettable soccer experience, filled with learning, teamwork and fun!
- Winter Session 1: Dec. 4, 11
  - Winter Session 2: Jan. 8, 15, 22, 29
  - Winter Session 3: Feb. 5, 12, 19, 26
  - Monday, 5:30-6:30 p.m.
  - Beck Recreation Center
  - $145 ($116 Resident)
  - Registration Deadline is January 10

YOUTH SPRING SOCCER
Ages 3-15 (as of 9/1/2023)
Join us for an unforgettable soccer journey that combines the love of the game with the joy of being outdoors. Lace-up your cleats, embrace the competition and make lasting memories in the city of Aurora Youth Soccer League! This exciting league is designed to provide participants of all skill levels with an opportunity to enjoy the thrill of soccer in a safe and fun environment. Practices are once per week starting the week of February 26 as chosen by your volunteer coach and games are played on Saturdays, starting March 23 between the hours of 8 a.m.-4 p.m.
Spring is a 6-game season.
Feb. 26-Mar. 4
- $119 ($95 Resident)
- $138 ($110 Resident)
- $145 ($116 Resident)
- Registration Deadline is February 10

Youth Tennis and Pickleball

Youth Indoor Tennis Lessons
Ages 10-16
Encouraging physical activity in children is crucial for their happiness and well-being. Introducing sports at a young age can teach them important skills such as teamwork, leadership and responsibility, as well as fundamental fitness. Our program utilizes pickleball to promote positive mental and physical development in youths. Our coaches prioritize making sports enjoyable for children, which increases the likelihood of them continuing to participate.

Session 1 $42.50*, $63.75**
Session 2 $85
Session 3 $85

Red Ball Lobbers
Ages 5-7
*Winter Session 1: Dec. 6, 13, 20
  Winter Session 2: Jan. 10, 17, 24, 31
  Winter Session 3: Feb. 7, 14, 21, 28
  - Monday, 4:30-5:30 p.m.
  - Beck Recreation Center

Orange Ball Crushers
Ages 8-10
**Winter Session 1: Dec. 6, 13, 20
  Winter Session 2: Jan. 10, 17, 24, 31
  Winter Session 3: Feb. 7, 14, 21, 28
  - Wednesday, 5:30-6:30 p.m.
  - Beck Recreation Center

**Winter Session 1: Dec. 6, 13, 20
  Winter Session 2: Jan. 10, 17, 24, 31
  Winter Session 3: Feb. 7, 14, 21, 28
  - Wednesday, 5:30-6:30 p.m.
  - Beck Recreation Center

Youth Indoor Pickleball Lessons
Ages 10-16
Looking for a fun and educational way to teach your child tennis skills and techniques? Our monthly drill sessions are the perfect solution! We offer a high-energy introductory class that focuses on building athletic abilities, character and tennis skills through our innovative learn-through-play philosophy. Your child will have a blast while rapidly developing their skills. Register for classes at AdvantageYou.org

Session 1 $42.50*, $63.75**
Session 2 $85
Session 3 $85

*Winter Session 1: Dec. 4, 11
  Winter Session 2: Jan. 8, 15, 22, 29
  Winter Session 3: Feb. 5, 12, 19, 26
  - Monday, 6:30-7:30 p.m.
  - Central Recreation Center

**Winter Session 1: Dec. 6, 13, 20
  Winter Session 2: Jan. 10, 17, 24, 31
  Winter Session 3: Feb. 7, 14, 21, 28
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Spring is a 6-game season.
Feb. 26-Mar. 4
- $119 ($95 Resident)
- $138 ($110 Resident)
- $145 ($116 Resident)
- Registration Deadline is February 10

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  Winter Session 2: Jan. 10, 17, 24, 31
  Winter Session 3: Feb. 7, 14, 21, 28
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  - Beck Recreation Center
FRIDAY FIGHT NIGHT
Ages 13 and older
Join us for Friday Fight Night! Our weekly fighting game league costs $5 to enter and includes prizes like t-shirts and free drop-in at the eSports room in the Expo Community Center! Open registration each week. Visit AuroraGov.org/eSports to register. Nov. 3-Feb. 23
- Friday, 6-8 p.m.
- $5
- Expo Community Center

TABLETOP RPG: D&D
Ages 15 and older
Explore the world of Dungeons and Dragons in this 8-session course for ages 15 and older. Learn character creation, world-building and problem-solving skills through collaborative gameplay. Each session builds on the last for an immersive fall adventure. Whether you’re new to tabletop gaming or a seasoned player, join us for a season of fantasy and imagination!
76225 Jan. 6-Feb. 24
- Saturday, 3-6 p.m.
- $94 ($75 Resident)
- Expo Community Center
- Deadline to register: Dec. 29

ESPORTS PARTY
PIZZA PARTY RATE
$250 | 12 players
1.5 hours of gaming time
45 minutes in party room
Pizza and soda for participants

STANDARD PARTY RATE
$200 | 12 players
1.5 hours of gaming time
45 minutes in party room
Option to bring your own food

BOOK NOW AT
AuroraGov.org/eSports

ROCKET LEAGUE READY CAMP
Ages 7-10
Each day, players will work with their teammates and coach to develop in-game skills and strategies designed to help them become better players. The activities also teach players how to communicate, work together and lead their team. All skills that can be utilized outside the game.
76230 Dec. 18-21
- Monday-Thursday, noon-3 p.m.
- $10 (88 Resident)
- Expo Community Center
- Deadline to register: Dec. 8

MINECRAFT CAMP
Ages 7-10
Join us during winter break and put your hard hat on—we’re building worlds! Campers will make friends, gain fundamental skills and play Minecraft all while expanding their creativity and ingenuity.
76229 Jan. 2-5
- Tuesday-Friday, noon-3 p.m.
- $10 (88 Resident)
- Expo Community Center
- Deadline to register: Dec. 22

ESPORTS DROP-IN PLAY
Ages 11 and older
Our drop-in activity gives you 60-90 minutes of game time to play your favorite video game, learn new games and make new friends. Nov. 27-March 1
- Monday/Tuesday/Thursday, 4:30-8 p.m. ($3/hr)
- Wednesday, 6-8 p.m. ($3/hr)
- Friday, 2:30-6:30 p.m. (FREE)
- Saturday/Sunday, noon-6 p.m. ($3/hr)
- Drop-in times are subject to change due to rentals.
- Expo Community Center
- Visit AuroraGov.org/eSports to register.
Youth Services

PARENTS’ NIGHT OUT
Ages 7-12
Looking for a much-deserved night off? Look no further than our Parents’ Night Out program! Drop your kids off for a fun-filled evening of pizza, movies and swimming while you recharge your batteries. So, go ahead, book your spot today and let us take care of the rest!
74655 Dec. 1
- Central Recreation Center
- Registration deadline: Wednesday, Nov. 29
74658 Dec. 22
- Southeast Recreation Center
- Registration deadline: Wednesday, Dec. 20
74656 Jan. 19
- Central Recreation Center
- Registration deadline: Wednesday, Jan. 17
74659 Jan. 26
- Southeast Recreation Center
- Registration deadline: Wednesday, Jan. 24
74657 Feb. 2
- Central Recreation Center
- Registration deadline: Wednesday, Jan. 31
74660 Feb. 16
- Southeast Recreation Center
- Registration deadline: Wednesday, Feb. 14
- Friday, 5-8:15 p.m.
- $19 ($15 Resident)

WINTER WONDERLAND CAMPS
Ages 7-12 $48 ($38 Resident)
Need a fun and exciting way to keep your kids entertained this winter break? Have them join us for any of our Winter Wonderland Break Camps. Campers will have the opportunity to participate in fun, holiday and winter crafts, games, as well as swimming every day!

NORTH POLE PARTY
Let’s kick off winter break with a bash. Campers will build igloos out of marshmallows and sugar cubes as well as attempt the blindfolded Ice Walk Challenge. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74661 Dec. 15
- Central Recreation Center
74662 Dec. 15
- Moorhead Recreation Center
- Friday, 8 a.m.-4 p.m.
- Registration deadline: Monday, Dec. 11

TOY WORKSHOP
Finish your last-minute presents in our toy workshop. Campers will be decorating wooden toys as well as playing hula hoop tic-tac-toe in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74663 Dec. 18
- Central Recreation Center
74664 Dec. 18
- Moorhead Recreation Center
- Monday, 8 a.m.-4 p.m.
- Registration deadline: Tuesday, Dec. 12

SNOW DAY
It’s a snow day! No School! Campers will be making coffee filter snowflakes and competing in a snowball roll in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74665 Dec. 19
- Central Recreation Center
74666 Dec. 19
- Moorhead Recreation Center
- Tuesday, 8 a.m.-4 p.m.
- Registration deadline: Wednesday, Dec. 13

WINTER OLYMPICS
We know it’s not the Winter Olympics yet, but that doesn’t mean it’s too early to start training. Campers will be making Solar Systems as well as playing Astronauts and Aliens in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74669 Dec. 21
- Central Recreation Center
74671 Dec. 21
- Moorhead Recreation Center
- Thursday, 8 a.m.-4 p.m.
- Registration deadline: Friday, Dec. 15

HAPPY HOLIDAY HOOTENANY
We have a BEArY exciting day planned. Campers will be making their choice of pinecone or wood slice ornaments as well as playing all types of reindeer games in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74672 Dec. 22
- Central Recreation Center
74673 Dec. 22
- Moorhead Recreation Center
- Friday, 8 a.m.-4 p.m.
- Registration deadline: Monday, Dec. 18

POLAR BEAR PARTY
We have a BEArY exciting day planned. Campers will be making hand-print polar bears as well as playing animal tag in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74675 Dec. 26
- Central Recreation Center
74676 Dec. 26
- Moorhead Recreation Center
- Tuesday, 8 a.m.-4 p.m.
- Registration deadline: Wednesday, Dec. 20

FROSTY’S FUN FEST
Frosty the snowman is coming! Campers will be building snowmen out of paper plates and cotton balls as well as playing snowman tag in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74679 Dec. 27
- Central Recreation Center
74681 Dec. 27
- Moorhead Recreation Center
74680 Dec. 27
- Southeast Recreation Center
- Wednesday, 8 a.m.-4 p.m.
- Registration deadline: Thursday, Dec. 21

ARCTIC ADVENTURE
Prepare for the Arctic and look for penguins. Campers will be making penguin picture frames as well as having a penguin relay in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74682 Dec. 28
- Central Recreation Center
74683 Dec. 28
- Moorhead Recreation Center
74684 Dec. 28
- Southeast Recreation Center
- Thursday, 8 a.m.-4 p.m.
- Registration deadline: Friday, Dec. 22

WINTER WRITING WORKSHOP
Let’s get creative! Campers will be making their own winter-themed journals as well as participating in a talent show. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.
74685 Dec. 29
- Central Recreation Center
74686 Dec. 29
- Moorhead Recreation Center
74691 Dec. 29
- Southeast Recreation Center
- Friday, 8 a.m.-4 p.m.
- Registration deadline: Monday, Dec. 25

AuroraGov.org/YouthServices
**We Are Aurora Youth**

**FREE ENTRY DAYS AT THE RECREATION CENTERS**

**Ages 13-18**

We Are Aurora Youth is a program designed to give the youth of Aurora a fun and safe place to hang out during school breaks. Youth will be given free access to Central, Moorhead and Southeast Recreation Centers from noon to 7 p.m. Youth will also be able to participate in multiple opportunities such as basketball, volleyball, gym games, cooking classes, creative crafts, fitness competitions, movie nights and a chance to win gift cards to various food locations.

- Weekdays, Dec 15- Jan 5
- Free, no registration required
- Central Recreation Center, Moorhead Recreation Center and Southeast Recreation Center
- Activities and times may vary depending on location. Visit [AuroraGov.org/WeAreAuroraYouth](http://AuroraGov.org/WeAreAuroraYouth) to learn more.

**SNOWBALL FIGHT**

It's time to test your scientific abilities. Campers will build their own marshmallow catapults and compete to see who can shoot the furthest. Campers will also be having a snowball fight (dodgeball) in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.

- **74694** Jan 2
  - Central Recreation Center
- **74596** Jan 2
  - Southeast Recreation Center
- **74597** Jan 2
  - Tuesday, 8 a.m.-4 p.m.
- Registration deadline: Wednesday, December 27

**SNOW CRAFT CARNIVAL**

A creatively stimulating and snowy day of camp, where children can express their imagination and craft skills to make their snowflake bracelets and play snowstorm tag in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.

- **74698** Jan 3
  - Central Recreation Center
- **74697** Jan 3
  - Southeast Recreation Center
- **74696** Jan 3
  - Monday, 8 a.m.-4 p.m.
- Registration deadline: Thursday, Dec. 28

**HOLIDAY EXTRAVAGANZA**

Let’s Party! Campers will be playing fun winter games like pin the nose on Frosty, Winter Charades and more! Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.

- **74701** Jan 4
  - Central Recreation Center
- **74699** Jan 4
  - Southeast Recreation Center
- **74700** Jan 4
  - Wednesday, 8 a.m.-4 p.m.
- Registration deadline: Thursday, Dec. 29

**HEAT MISER MONDAY**

He's Mister Heat Miser and he has come to thaw us out. Campers will be making melty bead art as well as having a rock, paper, scissors relay in the gym. Come prepared to swim. Lunch and afternoon snacks are provided by Aurora Public Schools.

- **74705** Jan 8
  - Central Recreation Center
- **74704** Jan 8
  - Southeast Recreation Center
- **74698** Jan 8
  - Monday, 8 a.m.-4 p.m.
- Registration deadline: Tuesday, Jan. 2

**BABYSITTING WORKSHOP**

Ages 11-16

Are you looking to learn valuable skills while having a blast? Join our Babysitting Workshop program designed exclusively for middle school and high school students! Whether you’re considering babysitting as a part-time job, want to become a responsible older sibling or simply have a passion for working with kids, this training will equip you with the knowledge and confidence to become a top-notch babysitter. Bring a drink and snack for each day. Class does NOT include certification for CPR/First Aid.

- **77091** Jan 20-27
  - Southeast Recreation Center
- **77093** Feb 3-10
  - Saturday, 9-1 p.m.
  - $70 ($56 Resident)
- **77092** Jan 20-27
  - Central Recreation Center
- **77094** Feb 3-10
  - Central Recreation Center
- Registration deadline: Wednesday, Jan. 17
- Registration deadline: Wednesday, Jan. 31
REGISTER NOW!
2023-2024 School year runs from August 14, 2023, through May 23, 2024.

Come join the city of Aurora Preschool Program where learning and fun come together for a great hands-on experience. Classes are available for 3- and 4-year-olds. Our preschool program features both tuition-based classes, as well as free preschool classes through the new Universal Preschool Program. To register, call the center you are interested in attending.

Free Preschool Hours for Colorado 4-year-olds and Qualifying 3-year-olds

<table>
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<tr>
<th>Time</th>
<th>DEC.</th>
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4-year-olds as of Oct 1, 2023
The city of Aurora Preschools is providing Universal Preschool (UPK) for the 2023-2024 school year. All Colorado 4-year-olds qualify for 10-15 hours/week of state-funded preschool for the school year.

3-year-olds as of Oct 1, 2023
Colorado 3-year-olds who have at least one qualifying factor may receive 10 hours/week of state-funded preschool (limited funding) for the school year. Families must choose Aurora Public School (and live within the school district boundaries) when registering for UPK for 3-year-olds and then can be placed at one of our city preschools.

When applying for UPK, remember to select your preschool of choice from one of our five Colorado Shines rated programs! The city's preschool sites are Beck, Lowry, Meadowood, Summer Valley and Village Green.

Register at Universal Preschool (UPK) Colorado | Colorado Department of Early Childhood or upk.colorado.gov

Aurora Preschools
Beck Preschool
800 Telluride St.
303.739.6878
Lowry Preschool
1016 Boston St.
303.326.8328
Meadowood Preschool
3054 S. Laredo St.
303.326.8304
Summer Valley
17400 E. Lehigh St.
303.326.8676
Village Green
1300 S. Chambers Circle
303.326.8640

TINY TOTS
Age 3 as of Oct 1, 2023
Beck Preschool
Monday-Thursday 12:30-3 p.m.
Meadowood Preschool
Monday-Thursday 8:15-10:45 a.m.
Village Green Preschool
Monday-Thursday 8:30-11 a.m.
Monday-Thursday 12:30-3 p.m.

COMBO KIDS
Ages 3 or 4 as of Oct 1, 2023
Beck Preschool
Tuesday-Thursday 9 a.m.-2 p.m.
Lowry Preschool
Monday-Thursday 8:15 a.m.-noon
Monday-Thursday 12:30-3 p.m.
Meadowood Preschool
Monday-Wednesday 9 a.m.-2 p.m.
Monday-Thursday 12:15-2:45 p.m.
Village Green Preschool
Monday-Thursday 12:45-3:15 p.m.
Village Green Preschool
Monday-Thursday 12:45-3:15 p.m.
KINDER KIDS
Age 4 as of Oct 1, 2023
Beck Preschool
Monday-Thursday 8:15 a.m.-noon
Monday-Thursday 8:30 a.m.-12:15 p.m.
(extended hours till 3 pm available for additional cost)
Meadowood Preschool
Monday-Thursday 8-11:45 a.m.
Monday-Thursday 11:15 a.m.-3 p.m.
Summer Valley Preschool
Monday-Thursday 8:00 a.m.-3:30 p.m.
Village Green Preschool
Monday-Thursday 8:15 a.m.-noon
Monday-Thursday 8:30 a.m.-12:15 p.m.
Monday-Thursday 11:30 a.m.-3:15 p.m.