Tobacco Treatment Training: 
Introduction to Motivational Interviewing

1-day Virtual Training       Monday, April 19, 2021

This is a one day course that covers an overview of the thinking and spirit behind Motivational Interviewing (MI), along with an introduction to the basic skills. In this training, you will explore how MI can help you engage client motivation for change while decreasing frustration for both the client and provider.

The training includes a review of common barriers to engaging motivation, discussion around how to use the Readiness for Change framework, and application of the skills. There will be demonstrations and opportunities to practice and apply MI skills and concepts.

This training is a good fit for providers of all types, and is best suited for individuals unfamiliar with MI, having minimal experience with MI, or those wanting to further practice or refresh basic MI principles and skills.

Lisa Carlson, LMFT, is a licensed marriage and family therapist with a private practice in Eugene, OR. Select areas of focus within her practice include mood and anxiety disorders, eating disorders and relationship with food and body, relationship therapy, addictions and tobacco treatment, boundary development, Motivational Interviewing, and Internal Family Systems. Lisa holds a National Certificate in Tobacco Treatment Practice (NCTTP) and is designated a UMASS Tobacco Treatment Specialist Trainer. She offers clinical supervision within Oregon and is an American Association for Marriage and Family Therapy (AAMFT) Approved Supervisor. She presents regularly within community and educational settings on topics related to mental health, addiction, and counseling practices.

Link to register: lanecountymi2021.eventbrite.com

Training fee waived for Lane County healthcare, mental health & oral health providers paneled with Pacific Source CCO or Trillium Community Health Plan*

*Thanks to our sponsors, providers outside Lane County and/or not paneled with Lane County Coordinated Care Organizations may participate for a subsidized fee of $50. This training is provided by Lane County Public Health, Pacific Source Community Solutions, Lane County Health Council, Trillium Community Health Plan.