Emotion: What do you feel? Open the correct number of times per emotion. What other words describe your feeling?

Perspective: What approach did you take? Open the correct number of times per perspective. Did it work?

Insight: What was your goal? Answer prompt. Does it make sense? If not choose opposite perspective.

Choice: What did you do? Which executive function did you use? Do you have better options?

Directions: Cut, fold in half twice. Flip over, fold corners. Flip again, fold corners. Pull flaps, open and close to play.