Member schedules mental health assessment with outpatient provider

Crisis Resources
WhiteBird Crisis Line: 541-687-4000
Hourglass Community Crisis Center: 541-505-8426
CAHOOTS Non-Emergency Line:
541-682-5111 (Eugene)
541-726-3714 (Springfield)
Rural Area – County Sheriff: 541-682-4150
Suicide Prevention Hotline: 1-800-273-8255
OPAL-A 1-855-966-7257
SASS Crisis Support Line: 541-343-7277

No/Low-Cost Community Support Organizations
NAMI: 541-343-7688
Lane Independent Living Alliance: 541-607-7020
CentroLatinoAmericano: 541-687-2667
Center for Community Counseling: 541-344-0620
UO Counseling Center: 541-346-3227
Sexual Assault Support Services (SASS): 541-342-3696
Womenspace: 541-485-2832
WellMama (postpartum support): 541-525-0495
Trauma Healing Project: 541-687-9447
UO HEDCO Clinic: 541-346-0923
Volunteers in Medicine: 541-685-1800
UO Psych Clinic: 541-346-4954

Crisis?
Enter the System
Yes

Inform current behavioral health provider of status

Intensive Services
First Appointment: Mental health assessment & treatment plan created

Less Intensive Services

Outpatient Level of Service
Array of services may include:
• Individual Therapy
• Family Therapy
• Skills Training
• Peer Support
• Medication Management
• Other

Members can self-refer to most outpatient behavioral health services

Provider List

ACT = Assertive Community Treatment
SBIRT = Screening, Brief Intervention, and Referral to Treatment
PHQ-9 = Patient Health Questionnaire

Lane County 2020 Adult Mental Health Services Referral System

Updated: 7/28/2020