Lane County 2020 Youth Mental Health Services Referral System

Enter the System

No/Low-Cost Community Support Organizations:
- Oregon Family Support Network (OFSN): 541-342-2876
- NAMI: 541-343-7688
- Youth ERA: 971-334-9295
- CentroLatinoAmericano: 541-687-2667
- Parenting Now: 541-484-5316
- 15th Night: 541-246-4046
- Hosea Youth Services: 541-344-5583
- Ophelia’s Place: 541-284-4333
- UO HEDCO Clinic: 541-346-0923
- UO Psychology Clinic: 541-346-4954
- Lane County Child & Adolescent Mental Health: 541-682-1915

Crisis Services:
- Youth Crisis Response Team: 1-888-989-9990
- Non-Emergency police line: 541-682-5111 (Eugene)
- 541-726-3714 (Springfield)
- Lane County Sheriff: 541-682-4150
- Looking Glass Station 7 (at-risk/ homeless): 541-689-3111
- CAHOOTS: Eugene (541) 682-5111 / SF (541) 726-3714
- DHS Child Protection-Report Abuse: 541-686-7555
- Oregon YouthLine: Text: teen2teen to 839 863
- Call: 877-968-8491
- Chat: www.OregonYouthLine.org
- Psychiatric Consultation Line about Kids:
- OPAL – K: 1-855-966-7255 – free same day consultations for providers M-F 9am-5pm
- Trillium Resource Exchange (TREX): Visit https://trilliumchp.auntbertha.com/ for COVID, crisis, and basic needs resources

Emergency Crisis:
- Call 911
- Hospital Emergency Department

Lane County Coordinated Care Organizations (CCOs):
- PacificSource Community Solutions: 541-284-7974
- Trillium Community Health Plan: 541-485-2155
- For questions about how to access services, PCP assignment, or care coordination

PHQ = Patient Health Questionnaire
ABA = Applied Behavioral Analysis for Autism Treatment
CRAFFT = Substance use Assessment

Updated: 8/5/2020