Learn to Swim Levels

INTRO TO WATER SKILLS | AGES 3+
Focuses on fundamental swimming & safety skills while learning how to safely be a part of a group. Parents may stay poolside for safety purposes to ensure the child is following class rules.

WATER MOVEMENT | AGES 3+
Students will learn how to feel comfortable in the water and safely enjoy it. In this class, swimmers must be completely independent of the parent.

FUNDAMENTAL AQUATIC SKILLS | AGES 5+
Children will learn basic swimming skills.

STROKE IMPROVEMENT | AGES 7+
Introduces treading water, and focuses on stroke development of front crawl, backstroke, butterfly and breaststroke.

LEARN TO SWIM
Summer Program

Comprehensive swim program offering classes for ages 6 months and older. The registration deadline is the Friday before each session at noon. Students enrolled in each of these programs will have the opportunity to participate in eight lessons held on Mondays through Thursdays. Regular attendance is important for skill progression. No make-up classes will be scheduled.

The fee is $60 per swimmer.

For more information, contact us at 573-339-6340.

Registrations are taken Monday - Friday between 8:00 a.m. - 5:00 p.m. at the A.C. Brase Arena, or can be completed online at www.cityofcape.org/learntoswim.

SESSION 1
June 3-13
9:00 a.m. - 9:45 a.m. | Cape Splash
10:00 a.m. - 10:45 a.m. | Cape Splash
5:00 p.m. - 5:45 p.m. | Cape Aquatic Center
6:00 p.m. - 6:45 p.m. | Cape Aquatic Center

SESSION 2
June 24 - July 5
9:00 a.m. - 9:45 a.m. | Cape Splash
10:00 a.m. - 10:45 a.m. | Cape Splash
5:00 p.m. - 5:45 p.m. | Cape Aquatic Center
6:00 p.m. - 6:45 p.m. | Cape Aquatic Center

SESSION 3
July 8-18
9:00 a.m. - 9:45 a.m. | Cape Splash
10:00 a.m. - 10:45 a.m. | Cape Splash
5:00 p.m. - 5:45 p.m. | Cape Aquatic Center
6:00 p.m. - 6:45 p.m. | Cape Aquatic Center