Quinnipiac Park provides direct access to the Quinnipiac River via an unmarked forested trail located in the northwest corner of the soccer fields.

Trees found in the 30-acre wooded forest of Quinnipiac Park include beech, eastern hemlock, red and white oak, and quaking aspen. The river banks are populated by tree species that have adapted to the seasonal flooding, such as; red and green ash, American sycamore, silver maple, and slippery elm.

Permitted Uses Include:

- Hiking
- Dogs on Leash
- Paddle Sports